The Lesotho GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, exposure to secondhand smoke (SHS), cessation, media and advertising, and school curriculum. These determinants are components Lesotho could include in a comprehensive tobacco control program. The Lesotho GYTS was a school-based survey of students in Standard 7, Form A, and Form B conducted in 2008.

Prevalence
22.3% of students had ever smoked cigarettes (Boys = 29.0%, Girls = 16.7%)
24.8% currently use any tobacco product (Boys = 26.4%, Girls = 21.7%)
10.1% currently smoke cigarettes (Boys = 11.8%, Girls = 7.5%)
19.5% currently use other tobacco products (Boys = 20.4%, Girls = 17.9%)
33.7% of never smokers are likely to initiate smoking next year

Access and Availability - Current Smokers
28.8% usually smoke at home
37.7% buy cigarettes in a store
49.7% who bought cigarettes in a store were NOT refused purchase because of their age

Exposure to Secondhand Smoke (SHS)
36.9% live in homes where others smoke in their presence
52.6% are around others who smoke in places outside their home
21.7% think smoking should be banned from public places
37.2% think smoke from others is harmful to them
33.3% have one or more parents who smoke
10.8% have most or all friends who smoke

Cessation - Current Smokers
82.0% want to stop smoking
66.8% tried to stop smoking during the past year
94.0% have ever received help to stop smoking

Media and Advertising
66.8% saw anti-smoking media messages, in the past 30 days
56.9% saw pro-cigarette ads on billboards, in the past 30 days
60.2% saw pro-cigarette ads in newspapers or magazines, in the past 30 days
16.3% have an object with a cigarette brand logo
18.0% were offered free cigarettes by a tobacco company representative

Knowledge and Attitudes
51.3% think boys and 26.2% think girls who smoke have more friends
26.1% think boys and 18.5% think girls who smoke look more attractive

School
38.1% had been taught in class, during the past year, about the dangers of smoking
26.7% had discussed in class, during the past year, reasons why people their age smoke
40.2% had been taught in class, during the past year, the effects of tobacco use

HIGHLIGHTS
- Nearly one-fourth of students currently use any form of tobacco; 1 in 10 students currently smoke cigarettes; 19.5% currently use some other form of tobacco.
- SHS exposure is moderate – over two-thirds of students live in homes where others smoke, over half of students are around others who smoke in places outside of their home; one-third of students have one or more parent who smoke.
- Almost 4 in 10 students think smoke from others is harmful to them.
- 2 in 10 students think smoking should be banned from public places.
- Over 8 in 10 students who are currently smoking indicated that they want to stop smoking now.
- More than 6 in 10 students saw anti-smoking messages; over half saw pro-cigarette ads on billboards, and 6 in 10 students saw pro-cigarettes ads in newspapers or magazines in the past 30 days.

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