The Benin-Borgou Alibori GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, environmental tobacco smoke exposure (ETS), cessation, media and advertising, and school curriculum. These determinants are components Benin-Borgou Alibori could include in a comprehensive tobacco control program.

The Benin-Borgou Alibori GYTS was a school-based survey of students in 6-3ème conducted in 2003.

Prevalence

24.2% of students had ever smoked cigarettes (Boy = 32.0%, Girl = 8.7%)
23.6% currently use any tobacco product (Boy = 29.3%, Girl = 11.8%)
13.7% currently smoke cigarettes (Boy = 19.2%, Girl = 2.6%)
15.6% currently use other tobacco products (Boy = 18.3%, Girl = 9.8%)
18.5% of never smokers are likely to initiate smoking next year

Environmental Tobacco Smoke

30.7% live in homes where others smoke in their presence
41.4% are around others who smoke in places outside their home
61.2% think smoking should be banned from public places
47.2% think smoke from others is harmful to them
19.4% have one or more parents who smoke
7.3% have most or all friends who smoke

Cessation - Current Smokers

85.1% want to stop smoking
68.5% tried to stop smoking during the past year
87.9% have ever received help to stop smoking

Media and Advertising

69.1% saw anti-smoking media messages, in the past 30 days
62.0% saw pro-cigarette ads on billboards, in the past 30 days
56.5% saw pro-cigarette ads in newspapers or magazines, in the past 30 days
22.2% have an object with a cigarette brand logo
13.0% were offered free cigarettes by a tobacco company representative

Knowledge and Attitudes

23.6% think boys and 21.9% think girls who smoke have more friends
25.4% think boys and 20.0% think girls who smoke look more attractive

School

53.1% had been taught in class, during the past year, about the dangers of smoking
30.3% had discussed in class, during the past year, reasons why people their age smoke
47.1% had been taught in class, during the past year, the effects of tobacco use

Access and Availability - Current Smokers

19.9% usually smoke at home
27.9% buy cigarettes in a store

HIGHLIGHTS

- Close to one-quarter of the students currently use any form of tobacco; 13.7% currently smoke cigarettes; 15.6% currently use some other form of tobacco.
- ETS Exposure is high – Almost two-thirds of the students live in homes where others smoke and over 4 in 10 students are around others who smoke in places outside of their home; 1 out of 5 students has one or more parents who smoke.
- Nearly half the students think smoke from others is harmful to them.
- Almost two-thirds of the students think that smoking should be banned in public places.
- Over 8 in 10 students who are currently smoking indicated that they want to stop smoking now; More than two-thirds of the students currently smoking tried to stop during the past year.
- Close to 7 in 10 students saw anti-smoking messages while almost two-thirds saw pro-cigarette ads on billboards and over half of the students saw pro-cigarettes ads in newspapers & magazines in the past 30 days.

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