The Sao Tomé & Principe GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, exposure to secondhand smoke (SHS), cessation, media and advertising, and school curriculum. These determinants are components Sao Tomé & Principe could include in a comprehensive tobacco control program.

The Sao Tomé & Principe GYTS was a survey of students in eight schools. All students in the schools and classes were eligible to participate in the survey. A total of 8,525 students participated in the 2010 GYTS of which 3,638 were ages 13-15 years.

### Prevalence
- **7.1%** of students had ever smoked cigarettes (Boys = 9.8%, Girls = 4.9%)
- **26.2%** currently use any tobacco product (Boys = 30.7%, Girls = 22.7%)
- **4.4%** currently smoke cigarettes (Boys = 6.1%, Girls = 3.0%)
- **25.6%** currently use other tobacco products (Boys = 30.1%, Girls = 22.2%)
- **16.0%** of never smokers are likely to initiate smoking next year

### Knowledge and Attitudes
- **17.3%** think boys and **13.5%** think girls who smoke have more friends
- **27.4%** think boys and **24.7%** think girls who smoke look more attractive

### Exposure to Secondhand Smoke (SHS)
- **18.2%** live in homes where others smoke in their presence
- **45.1%** are around others who smoke in places outside their home
- **48.4%** think smoking should be banned from public places
- **51.3%** think smoke from others is harmful to them
- **6.0%** have one or more parents who smoke
- **3.0%** have most or all friends who smoke

### Cessation - Current Smokers
- **88.4%** want to stop smoking
- **76.9%** tried to stop smoking during the past year

### Media and Advertising
- **76.8%** saw anti-smoking media messages, in the past 30 days
- **64.4%** saw pro-cigarette ads on billboards, in the past 30 days
- **59.8%** saw pro-cigarette ads in newspapers or magazines, in the past 30 days
- **9.8%** have an object with a cigarette brand logo
- **3.7%** were offered free cigarettes by a tobacco company representative

### School
- **58.1%** had been taught in class, during the past year, about the dangers of smoking
- **16.8%** had discussed in class, during the past year, reasons why people their age smoke
- **23.6%** had been taught in class, during the past year, the effects of tobacco use

### Highlights
- **26.2%** currently use any form of tobacco; **4.4%** currently smoke cigarettes; **25.6%** currently use other tobacco products
- **SHS exposure** – **18.2%** of students live in homes where others smoke, and **45.1%** of students are around others who smoke in places outside their home; **6.0%** of students has at least one parent who smokes
- **Over half the students think smoke from others is harmful to them**
- **Almost half the students think smoking in public places should be banned**
- **Almost nine in 10 current smokers want to stop smoking**
- **One in 10 students has an object with a cigarette brand logo on it**
- **Over three-quarters of the students saw anti-smoking media messages in the past 30 days; close to two-thirds of the students saw pro-cigarette ads on billboards and three in five saw pro-cigarette ads in newspapers or magazines in the past 30 days**