GYTS Objectives

The Global Youth Tobacco Survey (GYTS), a component of the Global Tobacco Surveillance System (GTSS), is a global standard for systematically monitoring youth tobacco use (smoking and smokeless) and tracking key tobacco control indicators.

GYTS is a nationally representative school-based survey of students in grades associated with 13 to 15 years of age and is designed to produce cross-sectional estimates for each country. GYTS uses a standard core questionnaire, sample design, and data collection protocol. It assists countries in fulfilling their obligations under the World Health Organization (WHO) Framework Convention on Tobacco Control (FCTC) to generate comparable data within and across countries. WHO has developed MPOWER, a package of selected demand reduction measures contained in the WHO FCTC:

![MPOWER Image]

GYTS Methodology

GYTS uses a global standardized methodology that includes a two-stage sample design with schools selected with a probability proportional to enrollment size. The classes within selected schools are chosen randomly and all students in selected classes are eligible to participate in the survey. The survey uses a standard core questionnaire with a set of optional questions that permits adaptation to meet the needs of the country on tobacco use and key tobacco control indicators. The questionnaire covers the following topics: tobacco use (smoking and smokeless), cessation, secondhand smoke (SHS), pro- and anti-tobacco media and advertising, access to and availability of tobacco products, and knowledge and attitudes regarding tobacco use. The questionnaire is self-administered; using scannable paper-based bubble sheets, it is anonymous to ensure confidentiality.

In Gabon, GYTS was conducted in 2014 by the Ministry of Health Program for the Fight Against Tobacco. The overall response rate was 85.3%. A total of 1,781 eligible students in grades 6ème-3ème completed the survey, of which 788 were aged 13-15 years. Data are reported for students aged 13-15.

GYTS Highlights

### TOBACCO USE

- 9.2% of students, 9.2% of boys, and 8.8% of girls currently used any tobacco products.
- 7.6% of students, 7.9% of boys, and 7.0% of girls currently smoked tobacco.
- 5.2% of students, 6.1% of boys, and 4.0% of girls currently smoked cigarettes.
- 2.4% of students, 1.9% of boys, and 2.9% of girls currently used smokeless tobacco.
- 10.3% of ever cigarette smokers first tried a cigarette at age 7 years old or younger.

### SECONDHAND SMOKE

- 29.7% of students were exposed to tobacco smoke at home.
- 51.1% of students were exposed to tobacco smoke inside enclosed public places.

### MEDIA

- 7 in 10 students noticed anti-tobacco messages in the media.
- More than 2 in 10 students noticed tobacco advertisements or promotions when visiting points of sale.
- Almost 1 in 10 students owned something with a tobacco brand logo on it.

### KNOWLEDGE & ATTITUDES

- 48.5% of students definitely thought other people’s tobacco smoking is harmful to them.
- 77.6% of students favored banning smoking inside enclosed public places.
### TOBACCO USE

#### OVERALL (%) BOYS (%) GIRLS (%)

**Current tobacco users**: 9.2  9.2  8.8

**Ever tobacco users**: 31.4  34.7  28.4

#### SMOKED TOBACCO

**Current tobacco smokers**: 7.6  7.9  7.0

**Current cigarette smokers**: 5.2  6.1  4.0

**Frequent cigarette smokers**: 0.0  0.0  0.0

**Current smokers of other tobacco**: 3.3  2.7  3.7

**Ever tobacco smokers**: 27.7  30.9  24.9

**Ever cigarette smokers**: 23.1  26.2  20.3

**Ever smokers of other tobacco**: 7.7  8.0  7.5

#### SMOKELESS TOBACCO

**Current smokeless tobacco users**: 2.4  1.9  2.9

**Ever smokeless tobacco users**: 6.4  5.4  7.0

#### SUSCEPTIBILITY

**Never tobacco users susceptible to tobacco use in the future**: 16.2  12.6  19.0

**Never smokers who thought they might enjoy smoking a cigarette**: 3.1  4.0  2.4

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### MEDIA

#### TOBACCO ADVERTISING

<table>
<thead>
<tr>
<th>OVERALL (%)</th>
<th>BOYS (%)</th>
<th>GIRLS (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Noticing tobacco advertisements or promotions at points of sale**: 23.3</td>
<td>23.8</td>
<td>23.0</td>
</tr>
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</table>

**Students who saw anyone using tobacco on television, videos, or movies**: 64.9  64.2  65.5

**Students who were ever offered a free tobacco product from a tobacco company representative**: 3.1  3.2  2.6

**Students who owned something with a tobacco brand logo on it**: 6.7  6.1  7.1

#### ANTI-TOBACCO ADVERTISING

**Noticing anti-tobacco messages in the media**: 68.8  68.2  69.5

**Noticing anti-tobacco messages at sporting or community events**: 56.0  52.7  59.1

**Students who were taught in school about the dangers of tobacco use in the past 12 months**: 38.0  38.8  37.5

#### KNOWLEDGE & ATTITUDES

<table>
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<tr>
<th>OVERALL (%)</th>
<th>BOYS (%)</th>
<th>GIRLS (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Students who definitely thought it is difficult to quit once someone starts smoking tobacco**: 44.9</td>
<td>44.5</td>
<td>45.3</td>
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</table>

**Students who thought smoking tobacco helps people feel more comfortable at celebrations, parties, and social gatherings**: 19.0  21.7  16.8

**Students who definitely thought other people’s tobacco smoking is harmful to them**: 48.5  49.0  48.3

**Students who favored banning smoking inside enclosed public places**: 77.6  73.3  81.5

**Students who favored banning smoking at outdoor public places**: 71.8  68.0  75.2

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### CESSATION

<table>
<thead>
<tr>
<th>OVERALL (%)</th>
<th>BOYS (%)</th>
<th>GIRLS (%)</th>
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<tbody>
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<td>Current smokers who have ever received help/advice from a program or professional to stop smoking**: 25.2</td>
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### SECONDHAND SMOKE

#### OVERALL (%) BOYS (%) GIRLS (%)

**Exposure to tobacco smoke at home**: 29.7  27.5  31.4

**Exposure to tobacco smoke inside any enclosed public place**: 51.1  48.4  53.5

**Exposure to tobacco smoke at any outdoor public place**: 54.1  54.1  54.0

**Students who saw anyone smoking inside the school building or outside on school property**: 31.6  32.5  30.6

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**NOTE:** Students refer to persons aged 13-15 years who are enrolled in school. Data have been weighted to be nationally representative of all students aged 13-15 years. Percentages reflect the prevalence of each indicator in each group, not the distribution across groups.

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**ESTIMATES:** Estimates based on unweighted cases less than 35 are suppressed.