

Wash your hands to prevent Coronavirus

Wash your hands with soap and water for 40 seconds,
or an alcohol-based hand rub regularly throughout the day.

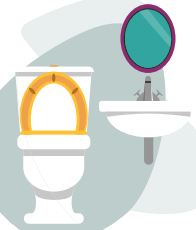
Here are five key moments at work:



**When arriving
at work**



**Before
eating food**



**After using
the toilet**



**After being in close
contact with others**



**When leaving the office
and when you get home**

How to stay healthy in the workplace