



**Accelerating progress towards  
the 2030 African Region Mental  
Health Targets  
Mental Health Intercountry  
Learning Workshop  
15 to 18 July 2026  
Lome, Togo**

**Agenda**

| Day 3                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| 08:30-09:00                                               | Registration                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 09:00-09:15                                               | Recap of Day 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| 09:15-10:45                                               | <p><b>Session 9: Prevention approaches and promotion of mental health and wellbeing</b></p> <p><b>Moderator:</b>, Centre for Pesticide Suicide Prevention/ Centre for Environment Justice and Development (CEJAD)</p> <p>Spotlight on WHO resource (5min)<br/><b>LIVE LIFE: An implementation guide for suicide prevention in countries</b></p> <p>Country Spotlight-<br/><b>Cote d' Ivoire</b></p> <p>Panel discussion (50min)<br/><b>MOH Cape Verde</b><br/><b>IASP</b><br/><b>Pan African Network for Persons with Psychosocial Disabilities (PANPPD)-</b><br/><b>MOH Ghana</b></p> <p><b>Country team break away discussions with support from panelists and facilitators (25min)</b></p> |
| <b>Working Tea/Coffee Break (while in country groups)</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| 10:45-12:30                                               | <p><b>Session 10: Roadmaps to accelerating progress to attaining the 2030 regional mental health targets</b></p> <p><b>Moderator:</b> WHO AFRO<br/>WHO RO/HQ support<br/>BW1 Binta<br/>BW2 Giovanni<br/>BW3 Chidinma<br/>BW4 TBC</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                          |

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|                          | <b>Breakaway 1</b>                                                                                                                                                                                                                                                                                                                                                          | <b>Breakaway 2</b>                                                             |                                                                              |
|                          | Algeria, Mauritania, Mali, Chad;<br>Cameroon; Senegal; Togo                                                                                                                                                                                                                                                                                                                 | Benin; Burkina Faso; Cote<br>d'Ivoire; Guinea, Gabon; Niger                    | <b>Moderator Breakaway 1:</b><br>TBC<br><b>Moderator Breakaway 2:</b><br>TBC |
|                          | <b>Breakaway 3</b>                                                                                                                                                                                                                                                                                                                                                          | <b>Breakaway 4</b>                                                             |                                                                              |
|                          | Burundi; CAR; DRC; Congo<br>(Rep); Gabon; Guinea<br>Equatorial,; Sao Tome et<br>Principe                                                                                                                                                                                                                                                                                    | Cabo Verde; Guinea Bissau;<br>Ghana; Liberia; Sierra Leone;<br>Nigeria; Gambia | <b>Moderator Breakaway<br/>3:TBC</b><br><b>Moderator Breakaway 4:</b><br>TBC |
|                          |                                                                                                                                                                                                                                                                                                                                                                             |                                                                                |                                                                              |
| <b>12:30-<br/>13:20</b>  | <b>Closing session: Moderators: WHO AFRO and WCO Togo</b><br>Recap of resources available and plans for online follow up meetings- <b>WHO AFRO (10min)</b><br>7 <sup>th</sup> Global Ministerial Mental Health Summit Expectations and Responsibilities- <b>MOH<br/>Rwanda (20 min)</b><br>Closing remarks <b>WHO HQ (10min)</b><br>Closing Remarks <b>MOH Togo (10min)</b> |                                                                                |                                                                              |
| <b>13:20-<br/>14:20</b>  | <b>Lunch</b>                                                                                                                                                                                                                                                                                                                                                                |                                                                                |                                                                              |
| <b>14:30-<br/>17:30</b>  | <b>Side meetings/ site visits</b>                                                                                                                                                                                                                                                                                                                                           |                                                                                |                                                                              |
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|                          | <b>Day 4 Youth Mental Health Side Event</b>                                                                                                                                                                                                                                                                                                                                 |                                                                                |                                                                              |
| <b>Time</b>              | <b>Agenda Item</b>                                                                                                                                                                                                                                                                                                                                                          |                                                                                |                                                                              |
| <b>08:30 –<br/>09:00</b> | Registration                                                                                                                                                                                                                                                                                                                                                                |                                                                                |                                                                              |
| <b>09:00 –<br/>09:30</b> | Opening Remarks and Meeting Objectives                                                                                                                                                                                                                                                                                                                                      |                                                                                |                                                                              |
| <b>09:30 –<br/>09:45</b> | Setting the Scene: State of Adolescent and Youth Mental Health in Africa                                                                                                                                                                                                                                                                                                    |                                                                                |                                                                              |
| <b>09:45 –<br/>10:45</b> | <b>Youth Voices: Lived Experiences, Priorities and Challenges</b><br><b>Interactive youth-led panel discussion/ debate</b><br>Moderator: TBC<br>Youth Advocates from:<br>Angola<br>Cote d'Ivoire<br>Eswatini<br>Lesotho<br>Sierra Leone<br>Senegal                                                                                                                          |                                                                                |                                                                              |
| <b>10:45 –<br/>11:00</b> | Tea Break                                                                                                                                                                                                                                                                                                                                                                   |                                                                                |                                                                              |
| <b>11:00 –<br/>11:05</b> | Spotlight on a WHO Resource:                                                                                                                                                                                                                                                                                                                                                |                                                                                |                                                                              |
| <b>11:05 –<br/>12:00</b> | <b>Mental health of children and young people: service guidance</b><br>Country Experiences on advancing youth mental health (videos):<br><b>Moderator: WHO AFRO</b><br><b>MOH Cape Verde</b><br><b>MOH Cote d' Ivoire</b><br><b>MOH Liberia</b><br><b>MOH Nigeria</b><br><b>MOH Senegal</b><br>Plenary Discussion                                                           |                                                                                |                                                                              |

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| 12:00 –<br>13:00 | <b>Thematic breakaway sessions</b><br><b>focused on current issues; key priority actions and next steps</b>                                                 |                                                                                                                                                   |                                                                                                                                                     |
|                  | <b>Policy, financing and service delivery/ integration</b><br>Moderator: TBC<br>Presentation on Key Issues (15 min): AFRO Mental Health<br>Group discussion | <b>Community-based, peer-led school-based interventions</b><br>Moderator: TBC<br>Presentation on Key Issues (15min): AFRO CAH<br>Group discussion | <b>Addictive behaviors Digital mental health interventions</b><br>Moderator: TBC<br>Presentation on Key Issues (15 min): WHO HQ<br>Group discussion |
| 13:00 –<br>14:00 | Lunch                                                                                                                                                       |                                                                                                                                                   |                                                                                                                                                     |
| 14:00 –<br>15:00 | <b>Report Back from Parallel Session Groups</b><br><b>Group presentations and plenary discussion</b>                                                        |                                                                                                                                                   |                                                                                                                                                     |
|                  | <b>Presentation of priority actions by youth advocates</b><br>Moderator: TBC                                                                                |                                                                                                                                                   |                                                                                                                                                     |
| 15:00 –<br>15:15 | Closing remarks and Next Steps                                                                                                                              |                                                                                                                                                   |                                                                                                                                                     |