



**Accelerating progress towards
the 2030 African Region Mental
Health Targets
Mental Health Intercountry
Learning Workshop
15 to 18 July 2026
Lome, Togo**

Agenda

Day 1

08:30-09:00	Registration WCO Togo+ AFRO	
09:00-10:25	Opening Ceremony Moderators: Welcome remarks and meeting objectives: WR Togo (15min) Remarks from WHO HQ: Dr. Mark van Ommeren, Mental Health Unit Head (10min) Remarks from a person with lived experience: Aves Mental Health (10min) Remarks from Wellcome Trust: Wellcome Trust (10min) Remarks from Ministry of Health Togo: (10min) Opening Address by the Minister of Health, Togo (20min) Musical interlude (10min)	
10:25 - 10.30	Buffer time/ Change over to photo session	
10:30-10:50	Photo session and Tea/Coffee Break	Photo session: NCD Comms WCO/AFRO
10:50-11:00	Security briefing	UNDSS
11:00-11:10	Overview of the agenda- AFRO Mental Health	
11:10-11:50	Session 1: Mental Health in the African Region, Progress Updates- Moderator WCO Togo Speakers AFRO Mental Health (20min) Overview of mental health systems in the African Region and progress made Aves Mental Health (20min) Progress made in engagement of people with lived experience in strengthening mental health systems in the African Region	

11.50-1200	Musical interlude/ Change over to session 2		
12:00-13:30	Session 2: Raising awareness; overcoming stigma concerning mental health; meaningful engagement of people with lived experience Moderator: TBC Spotlight on WHO resource (10min) Mosaic toolkit to end stigma and discrimination in mental health Organizational Spotlight (10min): St. Camille video Panel discussion (85 min) - Pan African Network for Persons with Psychosocial Disabilities (PANPPD) - Aves Mental Health Ms. Joy Muhia -Mental Health Innovation Network- Africa United for Global Mental Health Dr. Michael Udedi- Africa CDC		
13:25-13:30	Buffer time/ Changer over to lunch		
13:30-14:30	Lunch		
Session 3: Country intercountry learning breakaway session- country progress updates Country Presentations on rapid landscape analysis (10min per country using country posters); discussions and Q&A Moderator to introduce the Breakaway groups: AFRO			
	Breakaway 1	Breakaway 2	
14:30-16:00	Algeria, Mauritania, Mali, Chad; Cameroon; Senegal; Togo	Benin; Burkina Faso; Cote d'Ivoire; Guinea, Gabon; Niger	Moderator Breakaway 1: TBC
	Breakaway 3	Breakaway 4	
	Burundi; CAR; DRC; Congo (Rep); Gabon; Guinea Equatorial,; Sao Tome et Principe	Cabo Verde; Guinea Bissau; Ghana; Liberia; Sierra Leone; Nigeria; Gambia	Moderator Breakaway 3: TBC
16:00-16:30	Tea/Coffee		
16:30-17:30	Session 4: Networking session: Gallery Walk of Country Poster Presentations of Landscape Analyses and market stalls for partners, NGOs, CSOs and CBOs involved in mental health in the subregion Moderator: TBC		
	End of Day 1		