

# Day 3

08:30-09:00	Registration	
09:00- 09:15	Recap of Day 2	
<b>Session 9: Prevention approaches and promotion of mental health and wellbeing</b>		
09:15- 10:45	<p><b>Moderator: Mr. Fredrick Otieno, Centre for Pesticide Suicide Prevention/ Centre for Environment Justice and Development (CEJAD)</b></p> <p>Spotlight on WHO resource  <b>LIVE LIFE: An implementation guide for suicide prevention in countries</b></p> <p>Country Spotlight- Kenya</p> <p>Panel discussion  <b>MOH Kenya- Dr. Mercy Karanja</b>  <b>MOH Eswatini- Dr. Sindiso Bhembe</b>  <b>MOH Namibia- Ms. Magdalena Didalelwa</b>  <b>Pan African Network for Persons with Psychosocial Disabilities (PANPPD)- Ms. Eleni Misganaw Belachew</b>  <b>South African Federation for Mental Health- Mr. Victor Mbinga</b></p>	
<b>Country team break away discussions with support from panelists and facilitators (30min)</b>		
<b>Working Tea/Coffee Break (while in country groups)</b>		
<b>Session 10: Roadmaps to accelerating progress to attaining the 2030 regional mental health targets</b>		
10:45- 12:30	Country team reflections on the meeting and presentation of proposed key priorities and country roadmaps	
	<b>Breakaway 1</b>	<b>Breakaway 2</b>
	Comoros; Eswatini; Lesotho, Malawi; Seychelles; Mauritius, Madagascar	Angola; Mozambique
		<p><b>Moderator Breakaway 1: MOH+ WCO Lesotho</b>  <b>Moderator Breakaway 2: MOH+ WCO Angola</b>  <b>BW1 Binta Sako and Devora Kestal</b>  <b>BW2 Giovanni Sala</b></p> <p><b>PWLE support</b>  <b>BW1 Ornella Hasimbola Dechen (PANPPD)</b>  <b>BW2 Lazaro Tomas (PANPPD)</b></p>
	<b>Breakaway 3</b>	<b>Breakaway 4</b>
	Eritrea; Ethiopia; Kenya, Rwanda; Tanzania, Uganda, South Sudan	Botswana; Namibia; South Africa, Zambia, Zimbabwe
		<p><b>Moderator Breakaway 3: MOH+ WCO Uganda</b>  <b>Moderator Breakaway 4: MOH+ WCO Zambia</b>  <b>WHO RO/HQ support</b>  <b>BW3 Chidinma Opoko</b>  <b>BW4 Neerja Chowdhary</b></p> <p><b>PWLE support</b>  <b>BW3 Jaleta Teresa, Constance Mabilia (Aves)</b>  <b>BW4 Philani Ama Kinyabo (Aves)</b></p>
<b>Closing session</b>		
12:30-13:20	<p><b>Moderator: WHO AFRO and WCO South Africa</b></p> <p>Recap of resources available and plans for online follow up meetings and formation of a regional community of practice  <b>WHO AFRO</b></p> <p>Discussion on 7<sup>th</sup> Global Ministerial Mental Health Summit Expectations and Responsibilities</p>	

MOH Rwanda/ WHO AFRO

Closing remarks

WHO HQ

Closing remarks

National Department of Health

13:20- 14:20

Lunch

14:30- 17:30

Side meetings/ site visits

**Perinatal Mental Health Meeting**

**Site Visits**



**Opening Remarks and Meeting Objectives- Dr. Dudu Shiba/ Dr. Joseph Mwangi**

Burden and Impact of Perinatal Mental Health in the African Region- **Dr. Chido Rwafa Madzvamutse**

PWLE testimonial- **Ms. Zinhle Mlilo**

WHO Frameworks and Policy Context-

**Dr. Neerja Chowdhary**

The impact of perinatal mental health on parenting-

**Dr. Binta Sako**

Country Experiences

Moderator: **Dr. Makeba Shiroya (WCO Kenya) and Ms. Emily Miner (Wellcome Trust)**

Kenya- **Dr. Mercy Karanja/Dr. Loise Nyanjau/Mr.**

**Richard Kimenye**

Mozambique- **Dr. Carolina Ezequias Bila**

Tanzania-

South Africa- **Prof. Simone Honikman**

Moderated Discussion: Experiences from other countries; Barriers, Opportunities and Integration

Strategies- **Prof. Sarah Skeen**

Identification of Regional Priority Actions-

**Dr. Geoffrey Bisoborwa**

Closing Remarks

**Weskoppies Psychiatric Hospital**

(Specialized Psychiatric Hospital Services  
Child and Adolescent Mental Health Services  
CPQ Study Site)

**Chris Hani Baragwanath Hospital**

(Psychiatric unit attached to a general hospital)

**Laudium Primary Care Clinic**

(Primary care clinic providing comprehensive  
mental health care)

18.30 to 22.30

Cultural Dinner