

# Day 1

08:30-09:00

Registration

## Opening Session

09:00- 10:30

Moderator: **Dr. Dudu Shiba, Director Mental Health National Department of Health, South Africa (NdoH)**

Welcome remarks and meeting objectives: **Sheenaz El- Halabi, WR South Africa**

Remarks from WHO HQ: **Devora Kestel, Director NCDs and Mental Health**

Remarks from a person with lived experience: **Sandra Ferreira, Aves Mental Health, South Africa**

Remarks from **Wellcome Trust: Paul Spencer, Head of Mental Health Policy, Wellcome Trust**

Remarks from **National Department of Health South Africa- Prof. Nicholas Crisp, Director General a.i.**

Opening Address by the **Dr. Aaron Motsoaledi, Hon. Minister of Health South Africa**

Musical interlude

10:30- 10:50

Photo session and Tea/Coffee Break

10:50- 11:00

Security briefing- UNDSS

11:00- 11:10

Overview of the agenda- AFRO Mental Health

**Session 1: Mental Health in the African Region, Progress Updates**

**Moderator- WCO South Africa**

11:10-12:00

**Speakers**

**Chido Rwafa- Madzvamutse- AFRO Mental Health**

Overview of mental health systems in the African Region and progress made

**Philani Ama Kinyabo, Aves Mental Health**

Progress made in engagement of people with lived experience in strengthening mental health systems in the African Region

**Session 2: Raising awareness; overcoming stigma and strengthening meaningful engagement of people with lived experience**

**Moderator: Mr. Jacob Shamuyarira, Pamumvuri Trust**

12:00- 13:30

Spotlight on WHO resource

**Mosaic toolkit to end stigma and discrimination in mental health**

Panel discussion

**Ms. Angelica Mkorongo- Pan African Network for Persons with Psychosocial Disabilities (PANPPD)**

**Ms. Constance Mabilia- Aves Mental Health, Kenya**

**Ms. Joy Muhia-Mental Health Innovation Network- Africa**

**Ms. Aviwe United for Global Mental Health**

**Dr. Michael Udedi- Africa CDC**

13:30- 14:30	<b>Lunch</b>		
<b>Session 3: Country intercountry learning breakaway session- country progress updates</b> Country Presentations on rapid landscape analysis			
	<b>Breakaway 1</b>	<b>Breakaway 2</b>	<b>Moderator to introduce the Breakaway groups: WHO AFRO</b>
14:30- 16:00	Comoros; Eswatini; Lesotho, Malawi; Seychelles; Mauritius Madagascar	Angola ; Mozambique	<b>Moderator Breakaway 1: MOH+ WCO Mauritius</b> <b>Moderator Breakaway 2: MOH+ WCO Mozambique</b> WHO RO/HQ support BW1 Binta Sako and Devora Kestal BW2 Giovanni Sala  PWLE support BW1 Ornella (PANPPD) BW2 Lazaro (PANPPD)
	<b>Breakaway 3</b>	<b>Breakaway 4</b>	
	Eritrea; Ethiopia; Kenya, Rwanda; Tanzania, Uganda, South Sudan	Botswana; Namibia; South Africa, Zambia, Zimbabwe	<b>Moderator Breakaway 3: MOH+ WCO South Sudan</b> <b>Moderator Breakaway 4: MOH+ WCO Botswana</b> WHO RO/HQ support BW3 Chidinma Opoko BW4 Neerja Chowdhary  PWLE support BW3 Jaleta Teressa, Constance Mabia(Aves) BW4 Philani Ama <u>Kinyabo</u> (Aves)
16:00-16:30	<b>Tea/Coffee</b>		
16:30- 17:30	<b>Session 4: Networking session</b>		
Gallery Walk of Country Poster Presentations of Landscape Analyses and market stalls for partners, NGOs, CSOs and CBOs involved in mental health in the subregion			
<b>End of Day 1</b>			