



# Accelerating progress towards the 2030 African Region Mental Health targets

**2026 Mental Health Intercountry Meeting  
for East and Southern African subregion**

**27 to 29 May 2026**

**Johannesburg, South Africa**

*Our Region in Action. Shaping the path to 2030*

## CONCEPT NOTE

**Pre-summit intercountry learning workshops in preparation for the  
7<sup>th</sup> Global Ministerial Mental Health Summit 2026**

### 1. BACKGROUND

#### 1.1. Mental health in the African Region

Mental health is an integral part of our general health and well-being and a basic human right, which ensures that we reach our full potential, cope with the normal stresses of life and are able to work proactively and contribute meaningfully to our communities<sup>1</sup>. It is crucial to prevent mental health conditions from developing where possible, by addressing biopsychosocial factors that contribute to poor mental health across the lifespan. It is equally important to ensure early identification and management of mental health conditions.

Mental health conditions not only affect individuals and their families but also negatively impact socioeconomic development, with productivity losses in addition to the direct costs of care. These conditions present a significant and growing challenge to public health and sustainable development, costing the global economy up to US\$ 1 trillion. However, mental health conditions are currently poorly addressed and often stigmatized, marginalized and inadequately financed

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<sup>1</sup> [Mental health](#)

Mental health conditions affect close to 150 million people in the region<sup>2</sup>. Common mental health challenges in the region include depression (affecting 55 million people in the region<sup>3</sup>), anxiety disorders (53 million people in the region<sup>4</sup>), alcohol use disorders (10 million people in the region<sup>5</sup> and deaths from alcohol use disorders estimated at 1.6 deaths per 100,000 population in the region<sup>6</sup>) and substance use disorders (drug use disorders affect over 4 million people in the region<sup>7,8</sup>). The suicide rate remains unacceptably high in the AFR region at 11.5 per 100,000 population, the highest among all the regions<sup>9</sup>. These challenges are compounded by limited investment in mental health with per capita spending on mental health in the African Region being USD 0.07, against a global average of USD 2.5; critical shortages in human resources for mental health care with the region only having 2.2 mental health workers per 100,000 population compared to a median of 13.5 mental health workers per 100,000 population globally<sup>10</sup>; only 10 countries in the region reporting widespread availability of psychotropic medications at primary health care<sup>11</sup> and 3 countries reporting widespread availability of psychosocial interventions at primary health care<sup>12</sup>.

Many mental conditions can be treated effectively at relatively low cost if health systems are supported to fill existing gaps and improve quality and access to mental health care. Advocacy is also needed to reduce the stigma, discrimination and human rights violations faced by people living with these conditions. To support this work, the Region is guided by the ***Regional framework to strengthen the implementation of the comprehensive mental health action plan 2013–2030 in the African Region (AFR/RC72/5)***<sup>13</sup> endorsed by African Region Member States in 2022 to:

- **strengthen effective leadership, governance and financing for mental health conditions** through legislative and policy reform and establishment of dedicated budget lines for mental health
- **increase coverage of, and access to quality mental health services, with a focus on strengthening services at the primary and community levels** by decentralizing and integrating mental health services through task shifting with effective mentorship, support and supervision.
- **strengthen mental health information systems, routine mental health data collection, surveillance and research.**
- **strengthen the focus on prevention of mental health related health challenges with particular attention to addressing the social determinants of mental health** by preventing suicide, strengthening social networks and support, fostering healthier lifestyles, economic empowerment, and providing mental health and psychosocial support (MHPSS) in emergencies.

<sup>2</sup> <https://iris.who.int/bitstream/handle/10665/382343/9789240113817-eng.pdf?sequence=1>

<sup>3</sup> Number with a mental or neurodevelopmental disorder by type, Africa, 2021

<sup>4</sup> Number with a mental or neurodevelopmental disorder by type, Africa, 2021

<sup>5</sup> Number with an alcohol use disorder, 2004 to 2021

<sup>6</sup> Burden of disease from each category of mental illness, African Region (WHO), 2021

<sup>7</sup> Number with a drug use disorder by substance, Africa

<sup>8</sup> Number with a mental or neurodevelopmental disorder by type, Africa, 2021

<sup>9</sup> <https://iris.who.int/bitstream/handle/10665/382343/9789240113817-eng.pdf?sequence=1>

<sup>10</sup> <https://iris.who.int/server/api/core/bitstreams/5897b3c7-2848-47a7-ba22-0a7902342a81/content>

<sup>11</sup> Botswana, Burkina Faso; Cabo Verde; Eswatini; Namibia; Rwanda; Seychelles; South Africa; Uganda; Zimbabwe

<https://iris.who.int/server/api/core/bitstreams/5897b3c7-2848-47a7-ba22-0a7902342a81/content>

<sup>12</sup> Botswana; Mozambique; Seychelles <https://iris.who.int/server/api/core/bitstreams/5897b3c7-2848-47a7-ba22-0a7902342a81/content>

<sup>13</sup> AFR-RC72-5 Framework to strengthen the implementation of the comprehensive mental health action plan 20132030 in the WHO African Region.pdf

## 1.2. The current status of the regional framework indicators

Despite the progress made so far in achieving the indicators of the regional framework, significant challenges persist, and the Region is not on track to meet the 2030 targets set out in the Regional framework in 2022 (as illustrated in Table 1 below). There is an urgent need to advocate for greater investment and focus on mental health in order to realize these regional goals and targets.

Current status of key regional mental health indicators		Target for 2030
<b>Governance</b>	29 of the 47 countries having a national mental health policy either stand alone or integrated into other national health plans	All countries to have a mental health policy
<b>Financing</b>	16 of the 47 countries having mental health budget lines	70% (33/47) of countries to have a mental health budget line
<b>Service expansion</b>	7 of the 47 countries are implementing comprehensive primary care mental health integration. Less than 1 psychiatrist per 100,000 population; median of 2.2 mental health workers/100,000 population	60% (28/47) of countries to be implementing a PHC mental health integration program
<b>MHPSS Preparedness</b>	16 countries in the region currently have a mental health and psychosocial component as part of national disaster preparedness, disaster risk reduction	80% (38/47) of countries to have included MHPSS in disaster preparedness plans
<b>Suicide Prevention Plans</b>	4 countries have national multisectoral suicide prevention plans. Suicide rate at 11.5 per 100,000 population	Reduction of regional suicide rate by one third
<b>HIMS</b>	24 of the 47 countries are routinely reporting on mental health indicators in their Health Information Management Systems	95% (45/47) of countries to be routinely reporting on mental health indicators

## 1.3. 7<sup>th</sup> Global Ministerial Mental Health Summit and Pre-summit intercountry learning workshops

In light of these challenges, Rwanda, with support from WHO will be hosting the 7<sup>th</sup> Global Ministerial Mental Health Summit in 2027. The Global Ministerial Mental Health Summits bring together health ministers and mental health experts and provide a high-level platform to share expertise and experience. These summits also provide an advocacy opportunity for mental health promotion, prevention, treatment and care. The 7<sup>th</sup> Global Ministerial Mental Health Summit will provide a platform for Member States on the African continent to fully participate in the summit for the first time and potentially discuss how regional targets for mental health can be attained by 2030.

## 2. RATIONALE, PURPOSE AND OBJECTIVES

In order to support countries in the African Region better prepare to participate effectively in the 7<sup>th</sup> Global Ministerial Mental Health Summit, the WHO Regional Office for Africa proposes a series of subregional in person pre-summit preparatory technical mental health meetings. These meetings will be scheduled for May and July of 2026 and will additionally provide a platform to accelerate progress towards meeting the 2030 regional targets for mental health.

### 2.1. Meeting objectives

The meetings will aim to:

1. Raise awareness about the burden and impact on mental health conditions in each sub-region
2. Share country experiences and achievements in the area of mental health and document best practice
3. Discuss challenges currently being faced by countries in attaining the 2030 regional targets for mental health and opportunities available to accelerate progress and develop clear subregional road maps towards meeting these targets
4. Discuss emerging issues in the area of mental health and strategies to build stronger mental health systems to face emerging challenges

## 3. SCOPE, PARTICIPANTS AND MEETING TRACKS

### 3.1. Participants

Each sub-regional meeting will be for a 3-day duration with countries participating as follows:

- a. **Meeting 1 (May 2026): East and Southern Africa Mental Health intercountry learning workshop**  
**Countries:** Angola; Botswana; Comoros; Eritrea; Ethiopia; eSwatini; Kenya; Lesotho; Madagascar; Malawi; Mauritius; Mozambique; Namibia; Rwanda; Seychelles; South Africa; South Sudan; Tanzania; Uganda; Zambia; Zimbabwe; São Tomé and Príncipe
- b. **Meeting 2 (July 2026): West and Central Africa Mental Health intercountry learning workshop**  
**Countries:** Algeria; Benin; Burkina Faso; Burundi; Cabo Verde; Cameroon; Central African Republic; Chad; Cote d'Ivoire; Democratic Republic of the Congo; Equatorial Guinea; Gabon; Gambia; Ghana; Guinea; Guinea-Bissau, Liberia, Mali, Mauritania, Niger, Nigeria, Republic of the Congo; Senegal, Sierra Leone, Togo

Available funding with support participation of

- A Ministry of Health technical expert from each participating country for each meeting

- WHO NCD/ Mental Health focal person from each participating country for each meeting
- Persons with lived experience (8 participants for each subregional meeting)
- WHO staff to facilitate sessions for each subregional meeting; including from the Regional Office for Africa; the Health Promotion, Disease Prevention and Control cluster (DPC); Health Systems Strengthening cluster (HSS) and HQ technical experts.

Additionally, a limited number of Health professionals and Professional Associations; Media professionals; NGOs, CBOs, CSOs, Youth-led organizations and other partners and governmental agencies (e.g. Africa CDC, UNICEF, UNHCR, Carter Centre) would be invited to attend at their own cost.

### 3.2. Meeting tracks

The event will have meeting tracks linked to ***Regional framework to strengthen the implementation of the comprehensive mental health action plan 2013–2030 in the African Region (AFR/RC72/5)***<sup>14</sup> including:

- Presentation of country mental health landscape analyses by participating countries
- Raising awareness and overcoming stigma in mental health care
- Prevention approaches and promotion of mental health and wellbeing
- Development of policies and strategies for mental health
- Improving access to services for mental health and wellbeing
- Capacity building and strengthening mental health human resources
- Multisectoral approaches and stakeholder engagement in mental health
- Sustainable financing for on mental health care systems and services
- Research, data and surveillance for mental health conditions

### 3.3. Side meetings

Additionally, each subregional meeting will have a special focus area meeting on the sidelines of the main subregional meeting focusing on:

- Perinatal mental health (as a side meeting to the East and Southern African subregional meeting)
- Child and adolescent mental health and wellbeing (as a side meeting to the West and Central African subregional meeting)

## 4. EXPECTED OUTCOMES

- Each participating country will be expected to develop a rapid mental health landscape analysis to be presented during the meeting aligned to the regional mental health framework.

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<sup>14</sup> [AFR-RC72-5 Framework to strengthen the implementation of the comprehensive mental health action plan 20132030 in the WHO African Region.pdf](#)

- Each participating country through discussions before and during the workshops will be expected to develop a realistic draft country road map, with a set of prioritized actions, on improving mental health systems and services and speeding up progress towards the regional mental health targets by 2030.

## 5. DATES, VENUE

**Meeting 1:** East and Southern Africa Mental Health intercountry learning workshop

**Host country:** South Africa

**Tentative dates:** 27 to 29 May 2026

**Meeting 2:** West and Central Africa Mental Health intercountry learning workshop

**Host country:** Togo

**Tentative dates:** 15 to 18 July 2026

## 6. PROVISIONAL MEETING AGENDAS

See Annex 1 for Meeting 1 Agenda

See Annex 2 for Meeting 2 Agenda

## 7. LANGUAGES

English, French and Portuguese: simultaneous interpretation will be available for both meetings.

## 8. SECRETARIAT

AFRO NCD/Mental Health team

## 9. BACKGROUND MATERIALS

- [AFR-RC72-5 Framework to strengthen the implementation of the comprehensive mental health action plan 2013-2030 in the WHO African Region.pdf](#)
- [Mosaic toolkit to end stigma and discrimination in mental health](#)
- [Guidance on mental health policy and strategic action plans: Module 1. Introduction, purpose and use of the guidance](#)
- [Educating medical and nursing students to provide mental health, neurological and substance use care: A practical guide for pre-service education](#)
- [Mental health of children and young people: service guidance](#)
- [WHO guide for integration of perinatal mental health in maternal and child health services](#)
- [sustainable-financing-for-ncds-and-mental-health-policy-brief-1.pdf](#)
- [sustainable-financing-for-ncds-and-mental-health-policy-brief-2.pdf](#)
- [International Dialogue on Sustainable Financing for Noncommunicable Diseases and Mental Health – Meeting report](#)
- [International dialogue on sustainable financing for NCDs and mental health](#)
- [Mental health investment case: a guidance note](#)

- [Mental health atlas 2024](#)
- [LIVE LIFE: An implementation guide for suicide prevention in countries](#)

## Annex 1: Proposed Agenda for meeting 1

<p style="text-align: center;"><b>Accelerating progress towards the 2030 African Region Mental Health targets</b>  Mental Health Intercountry Learning Workshop  27- 29 May 2026  Emperor’s Palace  Johannesburg, South Africa</p>	
<b>Day 1</b>	
08:30-09:00	Registration
<b>Opening Session</b>	
09:00- 10:30	<p>Moderator: Dr. Dudu Shiba, Director Mental Health National Department of Health, South Africa (NdoH)</p> <p>Welcome remarks and meeting objectives: <b>Sheenaz El- Halabi, WR South Africa</b> (15 min)</p> <p>Remarks from WHO HQ: <b>Devora Kestel, Director NCDs and Mental Health</b> (10 min)</p> <p>Remarks from a person with lived experience: <b>Sandra Ferreira, Aves Mental Health, South Africa</b> (10 min)</p> <p>Remarks from <b>Wellcome Trust</b> (10min)</p> <p>Remarks from <b>National Department of Health South Africa- Prof. Nicholas Crisp, Director General a.i.</b></p> <p>Opening Address by the <b>Dr. Aaron Motsoaledi, Hon. Minister of Health South Africa</b></p> <p>Musical interlude (10min)</p>
10:30- 10:50	<b>Photo session and Tea/Coffee Break</b>
10:50- 11:00	<b>Security briefing UNDSS</b>
11:00- 11:10	<b>Overview of the agenda- AFRO Mental Health</b>
<b>Session 1: Mental Health in the African Region, Progress Updates</b>	
11:10-12.00	<p style="text-align: center;"><b>Moderator- WCO South Africa</b></p> <p style="text-align: center;"><b>Speakers:</b></p> <p style="text-align: center;"><b>Chido Rwafa- Madzvamutse- AFRO Mental Health</b>  Overview of mental health systems in the African Region and progress made (20min)</p> <p style="text-align: center;"><b>Philani Ama Kinyabo, Aves Mental Health</b>  Progress made in engagement of people with lived experience in strengthening mental health systems in the African Region (20min)</p>

**Session 2: Raising awareness; overcoming stigma and strengthening meaningful engagement of people with lived experience**

12:00- 13:30	<p><b>Moderator: Mr. Jacob Shamuyarira, Pamumvuri Trust</b></p> <p>Spotlight on WHO resource (10min)  <b>Mosaic toolkit to end stigma and discrimination in mental health</b></p> <p>Panel discussion  <b>Angelica Mkorongo- Pan African Network for Persons with Psychosocial Disabilities (PANPPD)</b>  <b>Constance Mabia- Aves Mental Health, Kenya</b>  <b>Ms. Joy Muhia -Mental Health Innovation Network- Africa</b>  <b>United for Global Mental Health</b>  <b>Dr. Michael Udedi- Africa CDC</b></p>
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13:30- 14:30	<b>Lunch</b>
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**Session 3: Country intercountry learning breakaway session- country progress updates**  
Country Presentations on rapid landscape analysis (10min per country)

	<b>Breakaway 1</b>	<b>Breakaway 2</b>	<b>Moderator to introduce the Breakaway groups: WHO AFRO</b>
14:30- 16:00	Comoros; Eswatini; Lesotho, Malawi; Seychelles; Mauritius Madagascar	Angola; Mozambique	<b>Moderator Breakaway 1: MOH+ WCO Mauritius</b> <b>Moderator Breakaway 2: MOH+ WCO Mozambique</b> <b>WHO RO/HQ support</b> <b>BW1 Binta and Devora</b> <b>BW2 Giovanni</b>  <b>PWLE support</b> <b>BW1 Ornella (PANPPD)</b> <b>BW2 Lazaro (PANPPD)</b>
	<b>Breakaway 3</b>	<b>Breakaway 4</b>	
	Eritrea; Ethiopia; Kenya, Rwanda; Tanzania, Uganda, South Sudan	Botswana; Namibia; South Africa, Zambia, Zimbabwe	<b>Moderator Breakaway 3: MOH+ WCO South Sudan</b> <b>Moderator Breakaway 4: MOH+ WCO Botswana</b> <b>WHO RO/HQ support</b> <b>BW3 Chidinma</b> <b>BW4 Neerja</b>  <b>PWLE support</b> <b>BW3 Jaleta, Constance(Aves)</b> <b>BW4 Philani (Aves)</b>

16:00-16:30	<b>Tea/Coffee</b>
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16:30- 17:30	<p><b>Session 4: Networking session:</b></p> <p>Gallery Walk of Country Poster Presentations of Landscape Analyses and market stalls for partners, NGOs, CSOs and CBOs involved in mental health in the subregion</p>
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	<b>End of Day 1</b>
	<b>Day 2</b>
08:00- 08:30	Registration
08:30-- 09:00	<b>Recap of Day 1 MOH+ WCO Mauritius</b>
<b>Session 5: Creating an enabling ecosystem- Mental Health policy development and reform and multisectoral collaboration</b>	
09:00-11:15	<p style="text-align: center;"><b>Moderator: WHO AFRO Mental Health</b></p> <p style="text-align: center;">WHO Resource spotlight (10min): <b>Guidance on mental health policy and strategic action plans and Guidance on policy and strategic actions to protect and promote mental health across government sectors</b></p> <p style="text-align: center;">Country Spotlight</p> <p style="text-align: center;">Panel discussion (55min)</p> <p style="text-align: center;"><b>Prof Melvin Freeman</b> <b>Ms. Beryl Naiken- State Secretary for Mental Health Seychelles</b> <b>Jaleta Teressa, Aves Mental Health, Ethiopia</b> <b>Mr. Lucas Halimani- UNESCO</b> <b>Mr. Benedict Dossen- Carter Centre</b></p> <p style="text-align: center;"><b>Country team break away discussions</b> with support from panelists and facilitators (60min)</p>
11:15- 11:30	<b>Working Tea/Coffee Break</b>
<b>Session 6: Capacity Building and Increasing Access to Quality Treatment and Care</b>	
	<b>Moderator: WCO Namibia- Ms. Celia Kaunatjike</b>
11:30- 13:30	<p style="text-align: center;">WHO Resource spotlight (10min): <b>Educating medical and nursing students to provide mental health, neurological and substance use care: A practical guide for pre-service education</b></p> <p style="text-align: center;">Country Spotlight (10min): <b>Zimbabwe- Special Initiative on Mental Health</b></p> <p style="text-align: center;">Panel discussion (55min):</p> <p style="text-align: center;"><b>Dr. Sofia Seid- MOH Ethiopia</b> <b>Prof. Katherine Sorsdhal- University of Cape Town- Allan J Flischer Centre for Public Mental Health</b> <b>Dr. Neerja Chowdhary- WHO HQ</b> <b>Dr. Esther Tumbare- Friendship Bench</b> <b>Mr. Gerald Macharia- Clinton Health Access Initiative</b> <b>Mr. Patrick Onyango- REPSSI</b></p> <p style="text-align: center;"><b>Country team break away discussions</b> with support from panelists and facilitators (45min)</p>
13:30- 14:15	<b>Lunch Break</b>
<b>Session 7: Sustainable financing for Mental Health</b>	

	<p><b>Moderator: Walter Odoch- WHO AFRO Health Financing</b></p> <p><b>WHO Resource Spotlight (10min):</b> International dialogue on sustainable financing for NCDs and mental health policy briefs</p>
14:15- 16:15	<p><b>Country Spotlight (10min)</b></p> <p><b>Panel discussion (55min)</b></p> <p><b>Dr. Dan Chisholm WHO HQ</b> <b>Wellcome Trust</b></p> <p><b>Ms. Catarina Masterallo- WHO Foundation</b> <b>Prof. Solomon Tshimong Rataemane- NDOH South Africa</b> <b>Dr. Patience Mavunganidze- MOH Zimbabwe</b></p> <p><b>Country team break away discussions</b> with support from panelists and facilitators (45min)</p>
16:15 – 16:30	<p><b>Working Tea/ Coffee Break</b></p>
<p><b>Session 8: Mental Health Data and Surveillance</b></p>	
16:30 -17:30	<p><b>Moderator: Prof Atalay Alem- Addis Ababa University</b></p> <p>Spotlight on WHO resource (10min) <b>MH Atlas Survey and AFRO Mental Health Dashboard</b></p> <p>Round table discussion (30min)</p> <p><b>Prof. Atalay Alem- Addis Ababa University</b> <b>Dr. Dan Chisholm- WHO HQ</b> <b>Mr. Terence Totah- WHO AFRO</b></p> <p>Discussion, Question and Answer 20min</p>
	<p><b>End of Day 2</b></p>
<p><b>Day 3</b></p>	
08:30-09:00	<p>Registration</p>
09:00- 09:15	<p><b>Recap of Day 2</b></p> <p><b>Moderators: MOH+ WCO Madagascar</b></p>
<p><b>Session 9: Prevention approaches and promotion of mental health and wellbeing</b></p>	
09:15- 10:45	<p><b>Moderator: Mr. Fredrick Otieno, Centre for Pesticide Suicide Prevention/ Centre for Environment Justice and Development (CEJAD)</b></p> <p>Spotlight on WHO resource <b>LIVE LIFE: An implementation guide for suicide prevention in countries</b></p> <p>Country Spotlight- <b>Kenya</b></p> <p>Panel discussion (50min)</p> <p><b>MOH Kenya- Dr. Mercy Karanja</b> <b>MOH Eswatini- Dr. Sindiso Bhembe</b> <b>MOH Namibia- Ms. Magdalena Didalelwa</b></p>

	<p align="center"><b>Pan African Network for Persons with Psychosocial Disabilities (PANPPD)- Ms. Eleni Misganaw Belachew</b>  <b>South African Federation for Mental Health- Ms. Bharti Patel</b></p> <p align="center"><b>Country team break away discussions</b>  with support from panelists and facilitators (30min)</p>		
	<p align="center"><b>Working Tea/Coffee Break</b>  <b>(while in country groups)</b></p>		
10:45- 12:30	<p align="center"><b>Session 10: Roadmaps to accelerating progress to attaining the 2030 regional mental health targets</b>  Country team reflections on the meeting and presentation of proposed key priorities and country roadmaps</p>		
	<b>Breakaway 1</b>	<b>Breakaway 2</b>	
	Comoros; Eswatini; Lesotho, Malawi; Seychelles; Mauritius, Madagascar	Angola; Mozambique	<b>Moderator Breakaway 1: MOH+ WCO</b> <b>Lesotho</b> <b>Moderator Breakaway 2: MOH+ WCO</b> <b>Angola</b> <b>WHO RO/HQ support</b> <b>BW1 Binta and Devora</b> <b>BW2 Giovanni</b>  <b>PWLE support</b> <b>BW1 Ornella (PANPPD)</b> <b>BW2 Lazaro (PANPPD)</b>
	<b>Breakaway 3</b>	<b>Breakaway 4</b>	
	Eritrea; Ethiopia; Kenya, Rwanda; Tanzania, Uganda, South Sudan	Botswana; Namibia; South Africa, Zambia, Zimbabwe	<b>Moderator Breakaway 3:MOH+ WCO</b> <b>Uganda</b> <b>Moderator Breakaway 4: MOH+ WCO</b> <b>Zambia</b> <b>WHO RO/HQ support</b> <b>BW3 Chidinma</b> <b>BW4 Neerja</b>  <b>PWLE support</b> <b>BW3 Jaleta, Constance (Aves)</b> <b>BW4 Philani (Aves)</b>
	<p align="center"><b>Closing session</b></p>		
12:30-13:20	<p align="center"><b>Moderator: WHO AFRO and WCO South Africa</b></p> <p align="center">Recap of resources available and plans for online follow up meetings and formation of a regional community of practice- 10min  <b>WHO AFRO</b></p> <p align="center">Discussion on 7<sup>th</sup> Global Ministerial Mental Health Summit Expectations and Responsibilities- 20min  <b>MOH Rwanda/ WHO AFRO</b></p> <p align="center">Closing remarks- 10min  <b>WHO HQ</b></p> <p align="center">Closing remarks-10min  <b>National Department of Health</b></p>		
13:20- 14:20	<p align="center"><b>Lunch</b></p>		

14:30- 17:30	<b>Side meetings/ site visits</b>	
	<b>Perinatal Mental Health Meeting</b>	
	10 min	<b>Opening Remarks and Meeting Objectives</b>
	20 min	Burden and Impact of Perinatal Mental Health in the African Region
	20 min	PWLE testimonial
	10 min	WHO Frameworks and Regional Policy Context
	10 min	The impact of perinatal mental health on parenting
	60 min	Country Experiences (4 presentations- 15 min) Kenya Mozambique Tanzania South Africa
	40 min	Moderated Discussion: Experiences from other countries; Barriers, Opportunities and Integration Strategies
	10 min	Identification of Regional Priority Actions
10 min	Closing Remarks	
18.30 to 22.30	<b>Cultural Dinner</b>	
	<b>Site Visits</b>  <b>Weskoppies Psychiatric Hospital</b> (Deinstitutionalization CPQ study site; Child and adolescent mental health facility)  <b>Chris Hani Baragwanath Hospital</b> (Psychiatric unit attached to a general hospital)  <b>Laudium Primary Care Clinic</b> (Primary care clinic providing comprehensive mental health care)	

## Annex2: Proposed agenda meeting 2

<b>Accelerating progress towards the 2030 African Region Mental Health targets</b> <b>Mental Health Intercountry Learning Workshop</b> <b>15-18 July 2026 (Meeting 2) Lome, Togo</b>				
Time	Agenda Item			
	<b>Day 1</b>			
08:30-09:00	Registration			
09:00- 10:30	<b>Opening session- led by WCO WR</b>			
	Welcome remarks: WR Host Country Opening Address by MOH Host Country Overview of meeting objectives: WHO Regional Office for Africa Photo session			
10:30- 11:00	<b>Tea/Coffee Break</b>			
	<b>Session 1: Mental Health in the African Region, Progress Update- Moderator: TBC</b>			
11:00-12:00	Overview of mental health systems in the African Region: WHO AFRO 30 min Progress made in engagement of people with lived experience in strengthening mental health systems in the African Region Pan African Network for Persons with Psychosocial Disabilities (PANPPD)/ Aves Mental Health) 30 min			
	<b>Sessions 2: Raising awareness; overcoming stigma concerning mental health; meaningful engagement of people with lived experience- Moderator: TBC</b>			
12:00- 13:30	Spotlight on WHO resource- 15min- <b>Mosaic toolkit to end stigma and discrimination in mental health</b> Stories of Lived Experience: Panel discussion with PWLE and civil society organizations from the region (1 hour 15 min)			
13:30- 14:30	<b>Lunch</b>			
	<b>Session 3: Country intercountry learning breakaway session- country progress updates Moderators: TBC</b>			
	Country Presentations on rapid landscape analyses (10min per country); discussions and Q&A			
	<b>Breakaway 1</b>	<b>Breakaway 2</b>	<b>Breakaway 3</b>	<b>Breakaway 4</b>

14:30- 16:00	Algeria, Mauritania, Mali, Chad; Cameroon; Senegal; Togo	Benin; Burkina Faso; Cote d'Ivoire; Guinea, Gabon; Niger	Burundi; CAR; DRC; Congo (Rep); Gabon; Guinea Equatorial	Cabo Verde; Guinea Bissau; Ghana; Liberia; Sierra Leone; Nigeria; Gambia
16:00-16:30	<b>Tea/Coffee</b>			
16:30- 17:30	<b>Session 4: Networking session: Gallery Walk of Country Poster Presentations of Landscape Analyses and market stalls for partners, NGOs, CSOs and CBOs involved in mental health in the subregion- Moderators TBC</b>			
	<b>End of Day 1</b>			
	<b>Day 2</b>			
08:00- 08:30	Registration			
08:30- 09:00	<b>Recap of Day 1- Moderators TBC</b>			
09:00-11:15	<b>Session 5: Creating an enabling ecosystem- Mental Health policy development and reform - Moderator: TBC</b>			
	Setting the scene (MOH/WHO) 15min- Spotlight on WHO Resource <b>Guidance on mental health policy and strategic action plans</b> Panel discussion 45min Country Spotlight 15min Country team break away discussions with support from panelists and facilitators- 60min			
(Working tea) 11:00- 11:30	<b>Tea/Coffee Break</b>			
	<b>Session 6: Capacity Building and Increasing Access to Quality Treatment and Care – Moderators: TBC</b>			
11:30- 13:30	Setting the scene (MOH/WHO)15min- Spotlight on WHO Resource- <b>Educating medical and nursing students to provide mental health, neurological and substance use care: A practical guide for pre-service education</b> Training and capacity building; Increasing access to psychological interventions; Improving access to medicines Country spotlight 15min Panel Discussion- 45min Country team break way discussions with support from facilitators- 45min			
13:30- 14:15	<b>Lunch Break</b>			
	<b>Session 7: Sustainable financing; Multisectoral approaches and stakeholder engagement in mental health. Moderators: TBC</b>			
14:15- 16:15	Setting the scene (MOH/WHO) 15min- Spotlight on WHO resource: <b>International dialogue on sustainable financing for NCDs and mental health policy briefs</b> Resource mobilization; Development of investment cases Domestic financing for mental health Country Spotlight- 15min Panel discussion- 45 min Country team breakaway discussions with support from presenters and facilitators- 45min			
16:15 – 16:30	<b>Tea/ Coffee Break</b>			
16:30 -17:30	<b>Session 8: Mental Health Data and Surveillance</b>			
	Setting the scene (MOH/WHO) 15min- Spotlight on WHO resource <b>MH Atlas Survey</b> 15min Country Spotlight- 15 min Country team breakaway discussions with support from presenters and facilitators- 30min			
	<b>End of Day 2</b>			
	<b>Day 3</b>			
08:30-09:00	Registration			
09:00- 09:15	<b>Recap of Day 2- Moderator: TBC</b>			
09:15- 10:45	<b>Session 9: Prevention approaches and promotion of mental health and wellbeing</b> Setting the scene- 15min- Spotlight on WHO resource <b>LIVE LIFE: An implementation guide for suicide prevention in countries</b> Country spotlight- 15min Country team discussions with support from presenters and facilitators- 60min			
10:45- 12:30	<b>Session 10: Roadmaps to accelerating progress to attaining the 2030 regional mental health targets</b> Country team reflections on the meeting and presentation of proposed key priorities and country roadmaps			
	<b>Breakaway 1</b>	<b>Breakaway 2</b>	<b>Breakaway 3</b>	<b>Breakaway 4</b>
	Algeria, Mauritania, Mali, Chad; Cameroon; Senegal; Togo	Benin; Burkina Faso; Cote d'Ivoire; Guinea, Gabon, Niger	Burundi; CAR; DRC; Congo (Rep); Gabon; Guinea Equatorial	Cabo Verde; Guinea Bissau; Ghana; Liberia; Sierra Leone; Nigeria; Gambia

Working tea (11:00-11:30)	<b>Tea/Coffee Break</b>
12:30-13:30	<p><b>Closing session: Moderators: TBC</b></p> <p>Recap of resources available and plans for online follow up meetings</p> <p>Discussion on 7<sup>th</sup> Global Ministerial Mental Health Summit Expectations and Responsibilities</p> <p>Closing remarks from WHO</p> <p>Closing remarks from Ministry of Health of Host Country</p>
13:30- 14:30	<b>Lunch</b>
14:30- 17:30	<p><b>Proposed side meetings/ Site visits</b></p> <p><b>Child Adolescent Mental Health/ Mental Health</b></p>