Ministry of Health and Social Services
Republic of Namibia

NAMIBIA COVID-19 SITUATION REPORT NO. 168

Outbreak Name | COVID-19 outbreak | Country affected | Namibia
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Date & Time of this report | 02.09.2020 20:00 hrs | Investigation start Date | 13 March 2020
Prepared by | Surveillance Team |

**HIGHLIGHTS/SITUATION UPDATE (02/09/2020)**

- The entire country will remain in Stage 3 of the State of Emergency (29 August 2020 - 12 September 2020).
- A curfew (20h00-05h00) is applicable nationwide as from 29 August 2020 - 12 September 2020.
- Windhoek, Rehoboth and Okahandja Local Authority Areas are under travel restrictions (29 August 2020 - 12 September 2020).

<table>
<thead>
<tr>
<th>Total</th>
<th>Today</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tested 63719</td>
<td>Tested 1630</td>
</tr>
<tr>
<td>Confirmed 8082</td>
<td>Confirmed 238</td>
</tr>
<tr>
<td>Active 4513</td>
<td>Active 4513</td>
</tr>
<tr>
<td>Recovered 3483</td>
<td>Recovered 29</td>
</tr>
<tr>
<td>Death 86</td>
<td>Death 4</td>
</tr>
</tbody>
</table>

- Cumulatively, **7993 (98.9%)** cases are local transmissions while **89 (1.1%)** are imported.
- There is community transmission in Erongo and Khomas regions.
- The other 12 regions have recorded a rapid increase in confirmed cases in the last month.
- More male cases **4415 (54.6%)** were recorded compared to female cases **3667 (45.4%)**.
- To-date, **341 (4.2%)** Health Care Workers have tested positive for COVID-19.
  - 230 (67.4%) State
  - 110 (32.3%) Private
  - 1 (0.3%) NGO
- Today (02/09/2020), **29 recoveries** have been recorded from 2 regions; 21 Khomas and 8 Omaheke.
- Four (4) fatalities were recorded today from 3 regions; 2 Khomas, 1 Oshana and 1 Erongo.
Table 1: Distribution of confirmed COVID-19 cases by region, 02 September 2020

<table>
<thead>
<tr>
<th>Region</th>
<th>Total No. of cases</th>
<th>Active cases</th>
<th>Recovered</th>
<th>Death</th>
<th>Health Care Workers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eroango</td>
<td>3512</td>
<td>1182</td>
<td>2299</td>
<td>31</td>
<td>51</td>
</tr>
<tr>
<td>Hardap</td>
<td>145</td>
<td>81</td>
<td>60</td>
<td>4</td>
<td>13</td>
</tr>
<tr>
<td>//Kharas</td>
<td>188</td>
<td>108</td>
<td>78</td>
<td>2</td>
<td>4</td>
</tr>
<tr>
<td>Kavango East</td>
<td>42</td>
<td>39</td>
<td>1</td>
<td>2</td>
<td>8</td>
</tr>
<tr>
<td>Kavango West</td>
<td>5</td>
<td>4</td>
<td>0</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Khomas</td>
<td>3588</td>
<td>2762</td>
<td>786</td>
<td>40</td>
<td>230</td>
</tr>
<tr>
<td>Kunene</td>
<td>6</td>
<td>6</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Ohangwena</td>
<td>79</td>
<td>31</td>
<td>27</td>
<td>1</td>
<td>5</td>
</tr>
<tr>
<td>Omaheke</td>
<td>42</td>
<td>10</td>
<td>31</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Omusati</td>
<td>30</td>
<td>27</td>
<td>3</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>Oshana</td>
<td>163</td>
<td>74</td>
<td>86</td>
<td>3</td>
<td>7</td>
</tr>
<tr>
<td>Oshikoto</td>
<td>82</td>
<td>66</td>
<td>16</td>
<td>0</td>
<td>3</td>
</tr>
<tr>
<td>Oittozonjupa</td>
<td>149</td>
<td>68</td>
<td>80</td>
<td>1</td>
<td>9</td>
</tr>
<tr>
<td>Zambezi</td>
<td>51</td>
<td>35</td>
<td>16</td>
<td>0</td>
<td>6</td>
</tr>
<tr>
<td>Total</td>
<td>8082</td>
<td>4513</td>
<td>3483</td>
<td>86</td>
<td>341</td>
</tr>
</tbody>
</table>

All fourteen (14) regions have reported confirmed cases; with Khomas reporting the highest 3588 (44.4%) followed by Eroango 3512 (43.5%).

Kharas region is currently the epicenter of the outbreak.

Of the total confirmed cases, 3483 (43.1%) have recovered.

Cumulatively, 72 (83.7%) of the fatalities were known to have multiple co-morbidities (Table 2).

Table 2: Fatality summary as of 02 September 2020

<table>
<thead>
<tr>
<th>Region</th>
<th>Cumulative no. of deaths</th>
<th>Deaths in 24 hours</th>
<th>Cumulative with co-morbidities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eroango</td>
<td>31</td>
<td>1</td>
<td>28</td>
</tr>
<tr>
<td>Hardap</td>
<td>4</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>//Kharas</td>
<td>2</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Kavango East</td>
<td>2</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Kavango West</td>
<td>1</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Khomas</td>
<td>40</td>
<td>2</td>
<td>36</td>
</tr>
<tr>
<td>Ohangwena</td>
<td>1</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Omaheke</td>
<td>1</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Oittozonjupa</td>
<td>1</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Oshana</td>
<td>3</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Total</td>
<td>86</td>
<td>4</td>
<td>72</td>
</tr>
</tbody>
</table>

Namibia has recorded 8082 COVID-19 cases since 13 March 2020. Up to 2123 (26.3%) of the total cases were recorded during week 34 (Figure 1).

A high number of cases were recorded in the past seven weeks as a result of:
- Spread of local transmission in the country
- Enhanced surveillance including active case search.

Call center continues operation for 24 hours daily. Today, 1281 calls were answered including 30 alerts.
Table 3: COVID-19 specimen recorded at the Laboratories as of 02 September 2020

<table>
<thead>
<tr>
<th>VARIABLES</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total samples received by the Laboratory</td>
<td>63837</td>
</tr>
<tr>
<td>Total samples tested</td>
<td>50843</td>
</tr>
<tr>
<td>Total samples re-tested</td>
<td>3876</td>
</tr>
<tr>
<td>Total positive results</td>
<td>8082</td>
</tr>
<tr>
<td>Total negative results</td>
<td>51738</td>
</tr>
<tr>
<td>Total samples discarded</td>
<td>76</td>
</tr>
<tr>
<td>Invalid results</td>
<td>1</td>
</tr>
<tr>
<td>Total pending results</td>
<td>41</td>
</tr>
<tr>
<td>Indeterminant/Inconclusive</td>
<td>23</td>
</tr>
<tr>
<td>Suspected cases in 24 hours (excludes re-tests)</td>
<td>1549</td>
</tr>
</tbody>
</table>

➢ To date, 63719 tests have been conducted by NIP, Path-Care, NAMDEB, and UNAM laboratories (including 3876 re-tests).

➢ Since the beginning of the outbreak, 15260 contacts of confirmed cases have been identified, 333 new contacts were identified within the last 24 hours from 7 regions.

➢ Cumulatively, 6314 contacts have completed their monitoring period, while a total 873 (10.0%) of the contacts have tested positive.

➢ Today, 5711 (65.2%) out of 8762 active contacts were monitored.

Figure 2: Distribution of suspected and confirmed COVID-19 cases in Namibia by District as of 02 September 2020

➢ The 20-49 years age-brackets constitute 5987 (74.1%) of the confirmed cases, while a sizable proportion of the 50-59 age group 893 (11.1%).

➢ Among those aged 30-39, a significant proportion of males 1256 (16.0%) are infected more than females 1011 (13.0%).

➢ The under 5 make up 168 (2.1%) of the total cases.

➢ Aged 60 years and above constitute 326 (4.0%) of the confirmed cases.

Figure 3: Age and sex distribution of COVID-19 confirmed cases As of 02 September 2020
Since March 2020, 10456 people have been placed into supervised quarantine facilities around the country.

A total of 1522 people are currently in quarantine with 66 new admissions in the past 24 hours.

### Table 4: Number of people in mandatory quarantine facilities, 02 September 2020

<table>
<thead>
<tr>
<th>Region</th>
<th>Newly quarantined 24 hours</th>
<th>Cumulative number</th>
<th>Number discharged</th>
<th>Number in quarantine now</th>
<th>Track Drivers (24 Hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Erongo</td>
<td>22</td>
<td>2329</td>
<td>2031</td>
<td>298</td>
<td>48</td>
</tr>
<tr>
<td>Hardap</td>
<td>5</td>
<td>514</td>
<td>427</td>
<td>87</td>
<td>0</td>
</tr>
<tr>
<td>Kavango</td>
<td>3</td>
<td>384</td>
<td>348</td>
<td>36</td>
<td>0</td>
</tr>
<tr>
<td>Khomas</td>
<td>0</td>
<td>1929</td>
<td>1614</td>
<td>315</td>
<td>0</td>
</tr>
<tr>
<td>//Kharas</td>
<td>0</td>
<td>1387</td>
<td>1141</td>
<td>246</td>
<td>0</td>
</tr>
<tr>
<td>Kunene</td>
<td>2</td>
<td>341</td>
<td>312</td>
<td>29</td>
<td>0</td>
</tr>
<tr>
<td>Ohangwena</td>
<td>0</td>
<td>433</td>
<td>417</td>
<td>16</td>
<td>0</td>
</tr>
<tr>
<td>Omaheke</td>
<td>0</td>
<td>634</td>
<td>355</td>
<td>79</td>
<td>0</td>
</tr>
<tr>
<td>Omusati</td>
<td>5</td>
<td>255</td>
<td>240</td>
<td>15</td>
<td>0</td>
</tr>
<tr>
<td>Oshana</td>
<td>4</td>
<td>268</td>
<td>250</td>
<td>18</td>
<td>0</td>
</tr>
<tr>
<td>Oshikoto</td>
<td>20</td>
<td>357</td>
<td>284</td>
<td>273</td>
<td>0</td>
</tr>
<tr>
<td>Otjozondjupa</td>
<td>1</td>
<td>699</td>
<td>638</td>
<td>61</td>
<td>0</td>
</tr>
<tr>
<td>Namibia</td>
<td>4</td>
<td>726</td>
<td>677</td>
<td>49</td>
<td>0</td>
</tr>
<tr>
<td>Total</td>
<td>66</td>
<td>10456</td>
<td>8934</td>
<td>1522</td>
<td>48</td>
</tr>
</tbody>
</table>

### Table 5: Distribution of truck drivers coming into Namibia from neighbouring countries and destination regions on 02 September 2020

<table>
<thead>
<tr>
<th>Destination</th>
<th>RSA</th>
<th>Botswana</th>
<th>Angola</th>
<th>DRC</th>
<th>Zimbabwe</th>
<th>Zambia</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>//Kharas</td>
<td>69</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>69</td>
</tr>
<tr>
<td>Khomas</td>
<td>137</td>
<td>14</td>
<td>4</td>
<td>0</td>
<td>1</td>
<td>1</td>
<td>157</td>
</tr>
<tr>
<td>Omusati</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Oshana</td>
<td>8</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>8</td>
</tr>
<tr>
<td>Otjozondjupa</td>
<td>20</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>24</td>
</tr>
<tr>
<td>Kavango</td>
<td>2</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td>Ohangwena</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td>Hardap</td>
<td>3</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>3</td>
</tr>
<tr>
<td>Kunene</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Omaheke</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Oshikoto</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Zambezi</td>
<td>4</td>
<td>726</td>
<td>677</td>
<td>49</td>
<td>0</td>
<td>0</td>
<td>78</td>
</tr>
<tr>
<td>Total</td>
<td>258</td>
<td>23</td>
<td>6</td>
<td>0</td>
<td>1</td>
<td>59</td>
<td>347</td>
</tr>
</tbody>
</table>

A total of 347 trucks entered the country through various ground crossing points in the last 24 hours.

Of these trucks, 157 (45.2%) were heading to Khomas, 78 (22.5%) to Erongo while 69 (19.9%) were heading to //Kharas region.

The remaining 43 (12.4%) were heading to the other 8 regions.

PUBLIC HEALTH ACTION

- Recruitment of local volunteers into the response in the districts and regions is ongoing.
- Continuous support to the regions by the national level.
- Public awareness on COVID-19 prevention measures is ongoing.
**CHALLENGES**

- Large data backlog - awaiting entry into excel data base and DHIS2.
- Inadequate ICU facilities and ICU equipment at referral hospitals and high care units in the districts.
- Inadequate ambulances in the regions.
- Inadequate isolation units, at health facilities in the regions.

**RECOMMENDATIONS**

- Fast tracking of efforts to use GoData app and DHIS2.
- Provision of fully equipped ICU facilities at referral hospitals and high care units in the districts.
- Procurement of ambulances in the regions to ensure prompt response.
- Establish fully equipped isolation units at health facilities in the regions.

For enquiries, please contact
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- 0800 100 100
- 0851 100 100