



| NAMIBIA COVID-19 SITUATION REPORT NO. 148 | | | |
|---|-------------------------|--------------------------|---------------|
| Outbreak Name | COVID-19 outbreak | Country affected | Namibia |
| Date & Time of this report | 13.08.2020 19:00 hrs | Investigation start Date | 13 March 2020 |
| Prepared by | Surveillance Team | | |

HIGHLIGHTS/SITUATION UPDATE (13/08/2020)

| Total | Today |
|----------------|----------------|
| Tested 36115 | Tested 972 |
| Confirmed 3726 | Confirmed 182 |
| Active 1356 | Active 1356 |
| Recovered 2339 | Recovered 1494 |
| Death 31 | Death 4 |

- The country has been reverted back to Stage 3 of the State of Emergency (12 August 2020 -28 August 2020).
- Walvis Bay, Swakopmund and Arandis Local Authority areas in Erongo region are under travel restrictions.
- Windhoek, Okahandja and Rehoboth are all under travel restriction including a curfew (20h00-05h00).

Table 1: Distribution of confirmed COVID-19 cases by region, 13 August 2020

- Four (4) fatalities have been recorded today (13/08/2020); Khomas (3) and Erongo (1)..
- A total of **1494** recoveries have been recorded today (13/08/2020).
- To-date, **102** Health Care Workers have tested positive for COVID-19.
- Cumulatively, **3641 (97.7%)** cases are local transmissions while **85 (2.3%)** are imported.
- There is evidence of a clustered community transmission in Erongo and Khomas regions (Table 1)
- More male cases **2176 (58.4%)** were recorded compared to female cases **1550 (41.6%)**.

| Region | Total No. of cases | Active cases | Recovered | Death | Health Care Workers |
|--------------|--------------------|--------------|-------------|-----------|---------------------|
| Erongo | 2826 | 670 | 2135 | 21 | 38 |
| Hardap | 16 | 9 | 7 | 0 | 1 |
| //Kharas | 46 | 24 | 22 | 0 | 1 |
| Kavango East | 4 | 4 | 0 | 0 | 0 |
| Kavango West | 2 | 2 | 0 | 0 | 0 |
| Khomas | 706 | 554 | 142 | 10 | 55 |
| Kunene | 1 | 1 | 0 | 0 | 0 |
| Ohangwena | 14 | 1 | 13 | 0 | 0 |
| Omaheke | 8 | 6 | 2 | 0 | 0 |
| Omusati | 6 | 4 | 2 | 0 | 0 |
| Oshana | 45 | 37 | 8 | 0 | 4 |
| Oshikoto | 10 | 10 | 0 | 0 | 1 |
| Otjozondjupa | 34 | 30 | 4 | 0 | 0 |
| Zambezi | 8 | 4 | 4 | 0 | 2 |
| Total | 3726 | 1356 | 2339 | 31 | 102 |

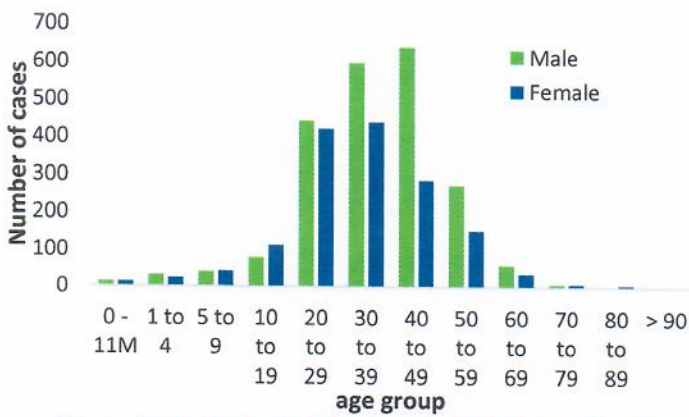
- All fourteen (14) regions have reported confirmed cases; with Erongo reporting the highest **2826 (75.8%)** followed by Khomas **706 (19.0%)**.
- Latest region to report a case is Omaheke (06/08/2020).

EPIDEMIOLOGICAL SITUATION IN NAMIBIA

Table 2: COVID-19 specimen recorded from the Laboratories as of 13 August 2020

| VARIABLES | TOTAL |
|---|-------|
| Total sample received by the Laboratory | 36243 |
| Total sample tested | 32982 |
| Total sample re-tested | 3133 |
| Total positive results | 3726 |
| Total negative results | 29256 |
| Total sample discarded | 76 |
| Invalid results | 1 |
| Total pending results | 41 |
| Indeterminant/Inconclusive | 10 |
| Suspected cases in 24 hours | 945 |

- To date, **36115** tests have been conducted by NIP, Path-Care, NAMDEB, and UNAM laboratories (including **3133** re-tests).
- Since the beginning of the outbreak, **7356** contacts of confirmed cases have been identified, **242** new contacts were identified within the last 24 hours from 12 regions.
- Cumulatively, **2759** contacts have completed their monitoring period, while **1738** out of **4344** active contacts were monitored today.
- A total **388** of contacts have tested positive.



- A sizable proportion of the 50-59 age group constitute **16.5%** of the confirmed cases, after the 20-49 years (**75.9%**) age-bracket.
- Those under 5 make up **164 (4.4%)** of those affected.
- Those aged 60 and above constitute **120 (3.2%)** of those affected.

Figure 1: Age and sex distribution of COVID-19 confirmed cases As of 13 August 2020

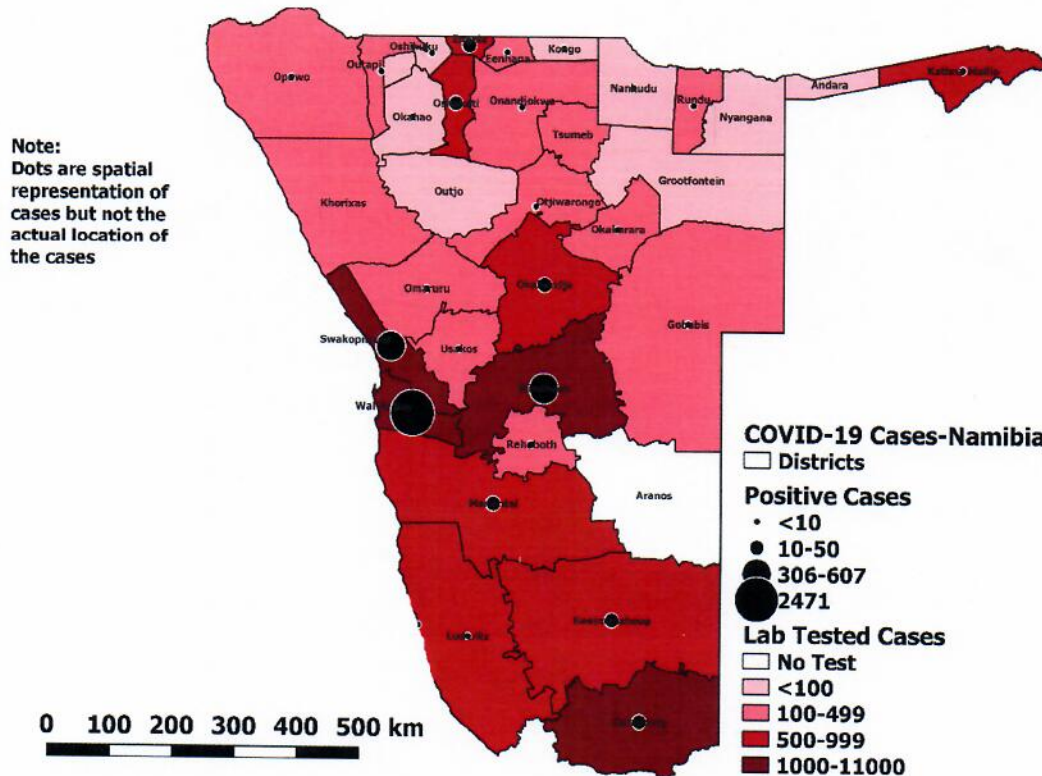


Figure 2: Distribution of suspected and confirmed COVID-19 cases in Namibia by District, 13 August 2020

Namibia has recorded **3726** COVID-19 cases since 13 March 2020. Up to **874 (23.5%)** of the total cases were recorded during week 33 (Figure 3).

- A high number of cases were recorded in the past four weeks as a result of:
 - Spread of local transmission in Walvis Bay district and Windhoek.
 - Enhanced Active Case Search and targeted testing daily from different districts
 - Enhanced surveillance including active case search in health facilities
- Call center continues operation for 24 hours daily. Today, **995** calls were answered including **21** alerts.

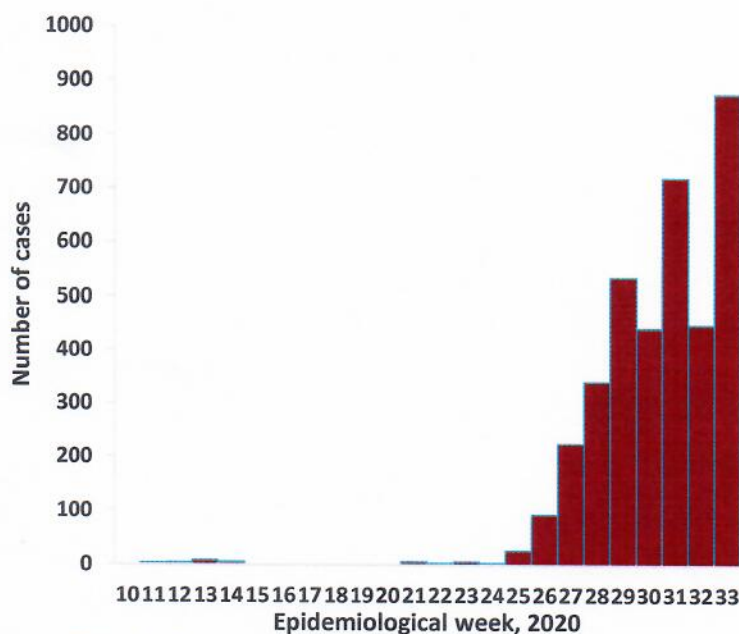


Figure3: Epi-curve for confirmed COVID-19 cases 13 August 2020

Table 3: Number of people in mandatory quarantine facilities, 13 August 2020

| Region | Number in quarantine now | Newly quarantined 24 hours | Cumulative number | Number discharged |
|--------------|--------------------------|----------------------------|-------------------|-------------------|
| Erongo | 601 | 203 | 1827 | 1226 |
| Hardap | 51 | 26 | 380 | 329 |
| Kavango | 83 | 1 | 245 | 162 |
| Khomas | 369 | 0 | 1782 | 1413 |
| //Kharas | 71 | 0 | 921 | 850 |
| Kunene | 20 | 2 | 201 | 181 |
| Ohangwena | 6 | 0 | 356 | 350 |
| Omaheke | 71 | 0 | 377 | 306 |
| Omusati | 29 | 1 | 206 | 177 |
| Oshana | 34 | 9 | 184 | 150 |
| Oshikoto | 56 | 0 | 180 | 124 |
| Otjozondjupa | 3 | 1 | 540 | 537 |
| Zambezi | 84 | 92 | 631 | 547 |
| Total | 1478 | 335 | 7830 | 6352 |

- Since March 2020, **7830** people have been placed into supervised quarantine facilities around the country.
- A total of **1478** people are currently in quarantine with **335** new admissions in the past 24 hours.

Table 4: Distribution of truck drivers coming into Namibia from neighbouring countries and destination regions on 13 August 2020

- A total of **287** trucks entered the country through various ground crossing points in the last 24 hours.
- Of these trucks, **31.7%** were heading to //Kharas, **30.7%** to Khomas while **24.4%** were heading to Erongo region.

| Destination | Country of departure | | | | | | Total |
|--------------|----------------------|----------|-----------|-----------|----------|-----------|------------|
| | RSA | Zimbabwe | Botswana | Angola | DRC | Zambia | |
| //Kharas | 91 | 0 | 0 | 0 | 0 | 0 | 91 |
| Khomas | 71 | 0 | 8 | 9 | 0 | 0 | 88 |
| Omusati | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Oshana | 6 | 0 | 0 | 0 | 0 | 0 | 6 |
| Otjozondjupa | 7 | 0 | 6 | 3 | 0 | 0 | 16 |
| Kavango | 1 | 0 | 1 | 0 | 0 | 0 | 2 |
| Ohangwena | 2 | 0 | 0 | 1 | 0 | 0 | 3 |
| Hardap | 3 | 0 | 0 | 0 | 0 | 0 | 3 |
| Kunene | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Omaheke | 2 | 0 | 0 | 0 | 0 | 0 | 2 |
| Oshikoto | 4 | 0 | 0 | 0 | 0 | 0 | 4 |
| Zambezi | 0 | 0 | 1 | 0 | 0 | 1 | 2 |
| Erongo | 7 | 0 | 16 | 5 | 7 | 35 | 70 |
| Total | 194 | 0 | 32 | 18 | 7 | 36 | 287 |

PUBLIC HEALTH ACTION

- Appointment of a coordinator to coordinate targeted testing in districts and regions to ensure sturdy flow of samples to the laboratories.
- Guidelines on COVID-19 exposure in public and work environment issued to the general public.
- Commencement of testing by UNAM (School of Medicine), and Oshakati NIP laboratories to enhance testing capacity.
- National level continues to support the regions
- Regions have enhanced social mobilization on COVID-19
- Regions have intensified surveillance on travellers from high risk areas for early case detection.

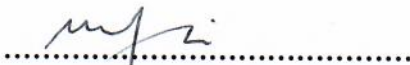
CHALLENGES

- Inadequate medical officers, specialists and epidemiologists especially in the regions.
- Inadequate ICU facilities and ICU equipment at referral hospitals and high care units in the districts.
- Inadequate ambulances and isolation units, at health facilities in the regions.
- Inadequate PPE
- Inadequate nasopharyngeal swabs and appropriate transport media.
- Backlog at NIP for specimens to be tested, overwhelming the laboratory and delayed turn-around time.

RECOMMENDATIONS

- Other technical experts from other sectors need to join the healthcare sector in the
- Provision of fully equipped ICU facilities at referral hospitals and high care units in the districts.
- Establish fully equipped isolation units at health facilities in the regions.
- Logistics pillar to continue with the procurement and distribution of sufficient PPE to the regions to ensure that response is not interrupted.
- NIP to continue sourcing for swabs and appropriate transport media.
- Strengthen close monitoring and coordination of the flow of the specimen from all districts.

Approved



Incident Manager


Date: 13 August 2020




Secretariat

For enquiries, please contact
Namibia Public Health Emergency Operations Centre;

 PHEOC@mhss.gov.na

 0800 100 100

 0851 100 100