



Ministry of Health and Social Services  
Republic of Namibia

NAMIBIA COVID-19 SITUATION REPORT NO. 146			
<b>Outbreak Name</b>	<i>COVID-19 outbreak</i>	<b>Country affected</b>	<i>Namibia</i>
<b>Date &amp; Time of this report</b>	<i>11.08.2020 20:00 hrs</i>	<b>Investigation start Date</b>	<i>13 March 2020</i>
<b>Prepared by</b>	<i>Surveillance Team</i>		

**HIGHLIGHTS/SITUATION UPDATE (11/08/2020)**

Total	Today
<b>Tested 34741</b>	<b>Tested 1160</b>
<b>Confirmed 3406</b>	<b>Confirmed 177</b>
<b>Active 2552</b>	<b>Active 2552</b>
<b>Recovered 832</b>	<b>Recovered 120</b>
<b>Death 22</b>	<b>Death 3</b>

- The country has been reverted back to Stage 3 of the State of Emergency (12 August 2020 -28 August 2020).
- Walvis Bay, Swakopmund and Arandis Local Authority areas in Erongo region are still under stage 3 restrictions.
- Windhoek, Okahandja and Rehoboth are all under travel restriction.
- All public gatherings shall not exceed more than ten (10) people.

Table 1: Distribution of confirmed COVID-19 cases by region, 11 August 2020

Region	Total No. of cases	Active cases	Recovered	Death	Health Care Workers
Erongo	2692	2010	666	16	30
Hardap	14	7	7	0	1
//Kharas	40	34	6	0	1
Kavango East	3	3	0	0	0
Kavango West	2	2	0	0	0
Khomas	551	416	129	6	30
Kunene	1	1	0	0	0
Ohangwena	13	5	8	0	0
Omaheke	3	3	0	0	0
Omusati	5	3	2	0	0
Oshana	39	31	8	0	3
Oshikoto	9	9	0	0	1
Otjozondjupa	27	23	4	0	0
Zambezi	7	5	2	0	2
<b>Total</b>	<b>3406</b>	<b>2552</b>	<b>832</b>	<b>22</b>	<b>68</b>

- To-date, **68** Health Care Workers have tested positive for COVID-19.
- Cumulatively, **3325 (97.6%)** cases are local transmissions while **81 (2.4%)** are imported.
- There is evidence of a clustered community transmission in Erongo region (Table 1)
- Up to **1973** confirmed cases in Erongo region are still to be placed in designated isolation facilities; are currently being monitored.
- More male cases **2020 (59.3%)** were recorded compared to female cases **1386 (40.7%)**.

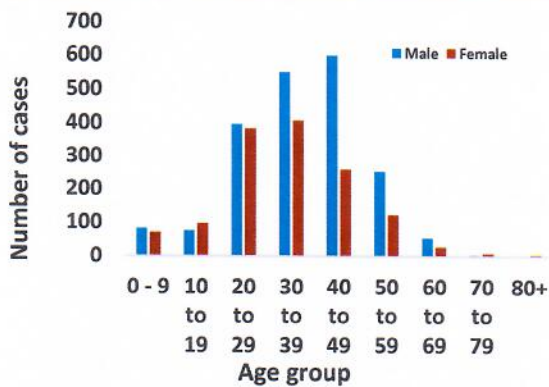
- All fourteen (14) regions have reported confirmed cases; with Erongo reporting the highest **2692 (79.0%)** followed by Khomas **551 (16.2%)**.
- Latest region to report a case is Omaheke (06/08/2020).

## EPIDEMIOLOGICAL SITUATION IN NAMIBIA

*Table 2: COVID-19 specimen recorded from the Laboratories  
11 August 2020*

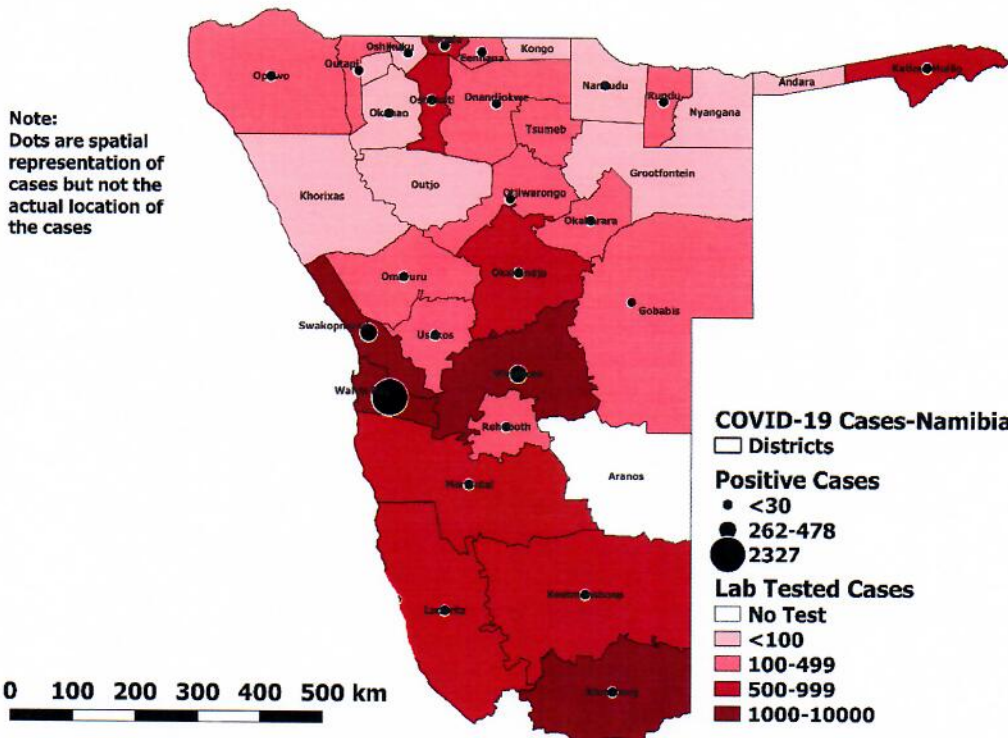
VARIABLES	TOTAL
Total sample received by the Laboratory	34869
Total sample tested	31639
Total sample re-tested	3102
Total positive results	3406
Total negative results	28233
Total sample discarded	76
Invalid results	1
Total pending results	41
Indeterminant/Inconclusive	10
Suspected cases in 24 hours	1160

- To date, **34741** tests have been conducted by NIP, Path-Care, NAMDEB, and UNAM laboratories (including **3102** re-tests).
- Since the beginning of the outbreak, **6880** contacts of confirmed cases have been identified, **263** new contacts were identified within the last 24 hours from 13 regions.
- Cumulatively, **2527** contacts have completed their monitoring period, while **1622** out of **4164** active contacts were monitored today.



*Figure 1: Age and sex distribution of COVID-19 confirmed cases, 11 August 2020*

- The most affected ages are within 20 and 49 years **2602 (76.4%)**.
- Those aged 60 and above constitute **103 (3.0%)** of those affected.



*Figure 2: Distribution of suspected and confirmed COVID-19 cases in Namibia by District, 11 August 2020*

Namibia has recorded **3406** COVID-19 cases since 13 March 2020. Up to **719** (**21.1%**) of the total cases were recorded during week 31 (Figure 3).

➤ A high number of cases were recorded in the past four weeks as a result of:

-Spread of local transmission in Walvis Bay district and Windhoek.

-Enhanced Active Case Search and targeted testing daily from different districts

➤ Call center continues operation for 24 hours daily. Today, **939** calls were answered including **19** alerts.

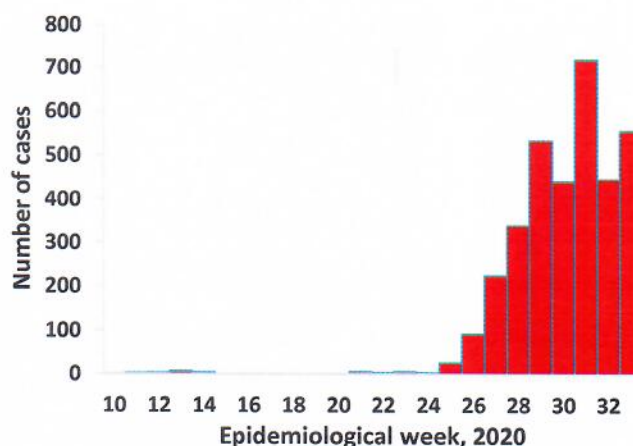


Figure3: Epi-curve for confirmed COVID-19 cases 11 August 2020

Table 3: Number of people in mandatory quarantine facilities, 11 August 2020

Region	Newly quarantined 24 hours	Cumulative number	Number discharged	Number in quarantine now
Erongo	0	1624	822	802
Hardap	2	342	318	24
Kavango	71	243	156	87
Khomas	0	1782	1413	369
//Kharas	3	921	850	71
Kunene	6	192	178	14
Ohangwena	0	338	318	20
Omaheke	0	374	299	75
Omusati	5	201	157	44
Oshana	0	172	142	30
Oshikoto	16	180	124	56
Otjozondjupa	0	538	532	6
Zambezi	0	539	472	67
<b>Total</b>	<b>103</b>	<b>7446</b>	<b>5781</b>	<b>1665</b>

➤ Since March 2020, **7446** people have been placed into supervised quarantine facilities around the country.

➤ A total of **1665** people are currently in quarantine with **103** new admissions in the past 24 hours.

➤ A total of **221** trucks entered the country through various ground crossing points in the last 24 hours.

➤ Of these trucks, **33.9%** were heading to Erongo, **27.1%** to Khomas while **22.2%** were heading to //Kharas region.

Table 4: Distribution of truck drivers coming into Namibia from neighbouring countries and destination regions on 11 August 2020

Destination	Country of departure						Total
	RSA	Zimbabwe	Botswana	Angola	DRC	Zambia	
//Kharas	45	0	4	0	0	0	49
Khomas	47	0	10	1	0	2	60
Omusati	1	0	0	0	0	0	1
Oshana	6	0	0	1	0	0	7
Otjozondjupa	12	0	5	0	0	0	17
Kavango	1	0	1	0	0	0	2
Ohangwena	3	0	0	2	0	0	5
Hardap	3	0	0	0	0	0	3
Kunene	1	0	0	0	0	0	1
Omaheke	1	0	0	0	0	0	1
Oshikoto	0	0	0	0	0	0	0
Zambezi	0	0	0	0	0	0	0
Erongo	9	0	16	0	0	50	75
<b>Total</b>	<b>129</b>	<b>0</b>	<b>36</b>	<b>4</b>	<b>0</b>	<b>52</b>	<b>221</b>

## PUBLIC HEALTH ACTION

- Guidelines on COVID-19 exposure in public and work environment issued to the general public.
- Commencement of testing by UNAM (School of Medicine), and Oshakati NIP laboratories to enhance testing capacity.
- National level continues to support the regions
- Regions have enhanced social mobilization on COVID-19
- Regions have intensified surveillance on travellers from high risk areas for early case

## CHALLENGES

- Lack of adequate medical officers, specialists and epidemiologists especially in the regions.
- Inadequate ICU facilities and ICU equipment at referral hospitals and high care units in the districts.
- Inadequate ambulances and isolation units, at health facilities in the regions.
- Inadequate PPE
- Inadequate nasopharyngeal swabs and appropriate transport media.
- Backlog at NIP for specimens to be tested, overwhelming the laboratory and delayed turn-around time.

## RECOMMENDATIONS

- Other technical experts from other sectors need to join the healthcare sector in the
- Provision of fully equipped ICU facilities at referral hospitals and high care units in the districts.
- Establish fully equipped isolation units at health facilities in the regions.
- Logistics pillar to continue with the procurement and distribution of sufficient PPE to the regions to ensure that response is not interrupted.
- NIP to continue sourcing for swabs and appropriate transport media.
- Strengthen close monitoring and coordination of the flow of the specimen from all districts.

Approved




Incident Manager


Date: 11 August 2020




Secretariat

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