

Zambia (Ages 13-15)

Global Youth Tobacco Survey (GYTS)

FACT SHEET



The Zambia GYTS 2007 includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, exposure to secondhand smoke (SHS), cessation, media and advertising, and school curriculum. These determinants are components Zambia could include in a comprehensive tobacco control program.

The Zambia GYTS was a school-based survey of students in grades 7, 8 and 9, conducted in 2011.

A two-stage cluster sample design was used to produce representative data for all of Zambia. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 83.7%, the class response rate was 92.9%, the student response rate was 71.6%, and the overall response rate was 55.7%. A total of 1,964 students ages 13-15 participated in the Zambia GYTS.

Prevalence

- 19.3% of students had ever smoked cigarettes (Boy = 20.2%, Girl = 17.7%)
- 25.6% currently use any tobacco product (Boy = 24.9%, Girl = 25.8%)
 - 6.2% currently smoke cigarettes (Boy = 6.2%, Girl = 5.7%)
- 24.0% currently use other tobacco products (Boy = 23.7%, Girl = 24.2%)
- 22.5% of never smokers are likely to initiate smoking next year

Knowledge and Attitudes

- 30.2% think boys and 20.5% think girls who smoke have more friends
- 20.2% think boys and 15.5% think girls who smoke look more attractive

Access and Availability - Current Smokers

- 27.1% usually smoke at home
- 22.9% buy cigarettes in a store

Exposure to Secondhand Smoke (SHS)

- 30.7% live in homes where others smoke in their presence
- 40.8% are around others who smoke in enclosed public places
- 43.9% are around others who smoke in outdoor public places
- 56.4% think smoking should be banned from public places
- 44.4% think smoke from others is harmful to them
- 21.9% have one or more parents who smoke
- 12.3% have most or all friends who smoke

Cessation - Current Smokers

- 69.0% want to stop smoking
- 55.0% tried to stop smoking during the past year
- 81.6% have ever received help to stop smoking

Media and Advertising

- 72.9% saw anti-smoking media messages, in the past 30 days
- 59.1% saw pro-cigarette ads on billboards, in the past 30 days
- 57.5% saw pro-cigarette ads in newspapers or magazines, in the past 30 days
- 20.2% have an object with a cigarette brand logo
- 20.5% were offered free cigarettes by a tobacco company representative

School

- 61.6% had been taught in class, during the past year, about the dangers of smoking
- 44.9% had discussed in class, during the past year, reasons why people their age smoke
- 52.9% had been taught in class, during the past year, the effects of tobacco use

Highlights

- One-quarter of the students currently use any form of tobacco; 6.2% currently smoke cigarettes; and one-quarter currently use some other form of tobacco
- SHS exposure – three in 10 students live in homes where others smoke in their presence; four in 10 are exposed to smoke in outdoor public places; one in five students has at least one parent who smokes
- Two in five students think smoke from others is harmful to them
- Three in five students think smoking in public places should be banned
- Seven in 10 smokers want to quit smoking
- One in five students has an object with a cigarette brand logo on it
- Seven in 10 students saw anti-smoking media messages in the past 30 days; three in five students saw pro-cigarette ads on billboards and three in five saw pro-cigarette ads in newspapers or magazines in the past 30 days